

Biotin, part of the vitamin B family, is known for its ability to promote healthy skin, hair, and nails, as well as its role in energy production. Like the other B vitamins, biotin is a water-soluble nutrient, requiring daily replenishment.†

**WE GUARANTEE OUR SUPPLEMENTS
FOR POTENCY AND PURITY**

To report a serious adverse event, call 1-888-713-0088

† These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.

BIOTIN

500 mcg

Promotes Healthy Skin, Hair, and Nails*

Dietary Supplement

30 CAPSULES



Supplement Facts

Serving Size 1 Capsule Servings Per Container 30

Amount Per Serving	% Daily Value
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Biotin	500 mcg 167%
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Other Ingredients: Capsule (gelatin), cellulose, silicon dioxide, and magnesium stearate.

SUGGESTED USE: Take one capsule daily with food.

CONTAINS NO artificial colors, flavors or preservatives; no wheat, gluten, milk, eggs, peanuts, tree nuts, soy, crustacean shellfish or fish.

KEEP OUT OF REACH OF CHILDREN. VL 207H



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