## Fast & Be Clear

Provides high levels of vitamins and minerals and bioactive food components for broad-spectrum nutritional support.\* Formulated as hypoallergenically as possible to support detoxification.\*

Now with 5-MTHF, Methylcobalamin, and LactoSpore®.

## Suggested Use

As a dietary supplement, 1 or 2 scoops daily, or as directed by a healthcare professional. Mix in 8 oz of liquid.

Variations in product color may occur. Keep in a cool, dry place, tightly capped.

Product is sold by weight not by volume. Some settling may occur.

Formulated exclusively for Allergy Research Group® South Salt Lake, UT 84115 www.allergyresearchgroup.com Phone: 800.545.9960

Not labeled for sale in California





## Fast & Be Clear

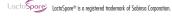
Nutritional and Detox Support\*



dietary supplement 900 grams (31.7 oz.)

## Serving Size 2 Scoops (40 g) Servings Per Container Amount Per Serving Amount Per Serving % Daily Value\* Amount Per Serving % Daily Value Calories Vitamin B6 (as Pyridoxine Hydrochloride) Molybdenum (as Sodium Molybdate) Calories from Fat 15 mg 882% 50 ug 111% Potassium (as Potassium Iodide and Dipotassium Folate (as 100 µg of 5-Methyltetrahydrofolate % Daily Value (from 185 ua [6S]-5-methyltetrahydrofolic acid. Phosphate) 120 mg Total Fat 2 a 167 µgDFE glucosamine salt)) 3% Saturated Fat 0.5 a Vitamin B12 (as Methylcobalamin) 50 µg 2083% Boron (as Sodium Tetraborate) 250 ua Sodium 20 mg N-Acetyl-L-Cysteine 50 mg 150 µg 500% Total Carbohydrates 21 g 16% Pantothenic Acid I-Glutathione (reduced) 50 ma Dietary Fiber 4 a 200 mg 4000% Glycine 11 a (Calcium Pantothenate) 1.8 a Sugars Taurine 200 mg Protein 17 a Calcium (as Calcium Citrate, Calcium Phosphate, and Calcium Pantothenate) I-Glutamine Vitamin A (as 3920 IU of Beta-Carotene, 1540 IU 20 ma Iron (as Ferric Ammonium Citrate) 3 ma 38% Alpha-Lipoic Acid of Retinyl Palmitate and 1540 IU of MSM (Methylsulfonylmethane) 100 ma Phosphorus (as Calcium Phosphate and Potassium Mixed Carotenoids) 3285 µgRAE 365% Quercetin Dihvdrate 100 ma Phosphate) 120 ma 10% Vitamin C (as Magnesium Ascorbate) lodine (as Potassium Iodide) 5% Green Tea (Leaf) Extract (standardized to 80% 8 ua Magnesium (as Magnesium Citrate and 25 ma 300 ma 333% Magnesium Ascorbate) 200 ma Grape (Seed) Extract (standardized to 95% Vitamin D3 (as 130 IU of Cholecalciferol) Zinc (as Zinc Picolinate) 10 ma 91% Oligomeric Proanthocyanidins) 3.5 µg Selenium (as Selenomethionine) 73% 40 µg Grape (Skin) Extract Mixed Tocopherols 100 IU Copper (as Copper Gluconate) 1 mg 111% (standardized to 50% Polyphenols) 15 mg Thiamine (as Thiamine Hydrochloride) 15 mg 1250% Manganese (as Manganese Gluconate) LactoSpore® (Bacillus coaqulans 1.3 mg 57% Riboflavin (as Riboflavin-5-Phosphate) MTCC 5856) Chromium (as Chromium Picolinate) 10 ma 769% 300 Million CFUs\*\* 80 µg 229% Niacin (as Niacinamide) 94% 15 maNE \* Percent Daily Values are based on a 2,000 calorie diet. † Daily Value not established. \*\* Viable cell count at the time of manufacture.

Other ingredients: Rice protein concentrate, rice bran, rice syrup solids, microcrystalline cellulose, rice bran oil, natural cherry flavor.



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