



Scoop Included

Magnesium Carbonate 29% Powder

Food/Dietary Supplement

Suggested Use: Dissolve one scoop (1/2 rounded teaspoon) in one tablespoon of apple cider vinegar. Do not exceed recommended daily dose unless directed by your health care practitioner.

Keep out of reach of children in a cool, dry place.

Supplement Facts

Serving Size = One (1) 1/2 teaspoon

Servings Per Container = Varied

Amount Per Serving

% Daily Value

Magnesium (Magnesium Carbonate 29%)	185mg	46%
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Other Ingredients: None

This product may be produced in a facility that also makes products containing milk, eggs, fish, crustacean shellfish, tree nuts, peanuts, and soy. Food supplements should not be used as a substitute for a varied diet.



294 Anna St., Watsonville, CA 95076
In case of adverse event: 855-885-2855