Whole GI Wellness with Benegut®

Whole GI Wellness combines the proven Perilla extract Benegut® with modified citrus pectin and traditional botanicals, including bromelain, papaya, cayenne, ginger, fennel seed, oregano, and chlorophyll. It is designed to help resolve temporary gastrointestinal discomfort, and encourage healthy bowel motion and elimination.*

Suggested Use

As a dietary supplement, 2 capsules two times daily, or as directed by a healthcare professional.

Store in a cool, dry place, tightly capped.

*This statement has not been evaluated by the Food and Drug Administration.
This product is not intended to diagnose, treat, cure or prevent any disease.





Benegut® is a trademark of Vital Solutions GmbH,



Whole GI Wellness

With Benegut®



dietary supplement

180 vegetarian capsules

Supplement Facts

Serving Size Servings Per Container	2 Ca _l	osule 9	
Amount Per Serving	% Daily	Daily Valu	
Modified Citrus Pectin	200 mg		
Ginger (Root) Extract 4:1	60 mg		
Perilla (Leaf) Extract (Benegut®)	150 mg		
Papaya (Fruit) Extract 5:1	50 mg		
Bromelain 2400 GDU	50 mg		
Fennel (Seed) Extract 4:1	50 mg		
Chlorophyll	40 mg		
Oregano Extract 4:1	30 mg		
Cayenne Powder 40,000 SHU	20 mg		

Other ingredients: Hydroxypropyl methylcellulose, microcrystalline cellulose, magnesium stearate, silicon dioxide, gum acacia, maltodextrin.

Formulated exclusively for Allergy Research Group® South Salt Lake, UT 84115 www.allergyresearchgroup.com Phone: 800.545.9960