



Actual Color and Size

With Super Chelates

Multi Minerals

Food/Dietary Supplement

Suggested Use: Take two (2) tablets daily with food. Do not exceed recommended daily dose unless directed by your health care practitioner.

Supplement Facts

Serving Size = Two (2) tablets

Servings Per Container = Varied

Amount Per Serving	% Daily Value	
Calcium (Calcium Carbonate)	500 mg	50%
Iron (Ferrous Fumarate)	18 mg	100%
Iodine (Potassium Iodide)	225 mcg	150%
Magnesium (Magnesium Oxide)	250 mg	63%
Zinc (Zinc Citrate)	15 mg	100%
Selenium (L-Selenomethionine)	70 mcg	100%
Copper (Copper Gluconate)	2 mg	100%
Manganese (Manganese Citrate)	4 mg	200%
Chromium (Chromium Polynicotinate)	120 mcg	100%
Molybdenum (Sodium Molybdate)	75 mcg	100%
Potassium (Potassium Carbonate, Iodide)	45 mg	1%
Cobalt (Cyanocobalamin)	2 mcg	*
* Daily Value Not Established		

Other Ingredients: Cellulose, stearic acid, L-isoleucine, calcium carbonate, organic rice concentrate, maltodextrin, and medium chain triglycerides.

This product may be produced in a facility that also makes products containing milk, eggs, fish, crustacean shellfish, tree nuts, peanuts, and soy. Food supplements should not be used as a substitute for a varied diet.

WARNING: Accidental overdose of iron-containing products is a leading cause of fatal poisoning in children under 6. Keep this product out of the reach of children. In case of accidental overdose, call a doctor or poison control.



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294 Anna St., Watsonville, CA 95076
In case of adverse event: 855-885-2855