



Sports Performance[‡]



Foundational

SUGGESTED USE: Mix 2 scoops with at least 10 ounces of cold water or preferred beverage daily or as recommended by your health-care practitioner.

TAMPER EVIDENT: Use only if bottle is sealed. Store tightly sealed in a cool, dry place.

If pregnant, consult your health-care practitioner before using this product.



GLUTEN FREE

[†]This product uses Gnosis S.p.A.'s L-5-Methyltetrahydrofolic Acid, Glucosamine Salt (Quatrefolic®). Quatrefolic is a registered trademark of Gnosis S.p.A. ^{**}This product uses Albion's TRAACS® Calcium Bisglycinate Chelate, Magnesium Bisglycinate Chelate Taste Free, Zinc Bisglycinate Chelate, Copper Bisglycinate Chelate, Chromium Nicotinate Glycinate Chelate, and Manganese Bisglycinate Chelate. TRAACS is a registered trademark of Albion International, Inc. ^{***}This product uses Sunfiber® AG. Sunfiber AG is a registered trademark of Taiyo International, Inc. ^{****}This product uses Larch Arabinogalactan (ResistAid®). ResistAid is a registered trademark of Lonza. ^{*****}This product uses Albion's Bororganic™ Boron Glycinate Complex. Bororganic is a trademark of Albion International, Inc.

[‡]This statement has not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.

THORNE

VeganPro Complex®
Vanilla Flavored • All-In-One Shake

DIETARY SUPPLEMENT



NET WT 24.9 OZ
(1.55 LB) 705 G

SUPPLEMENT FACTS

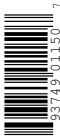
Serving Size: Two Scoops (47 g)
Servings Per Container: 15

Two Scoops (47 g) Contain:	%DV	Two Scoops (47 g) Contain:	%DV
Calories	160	Magnesium (as TRAACS® Magnesium Bisglycinate Chelate Taste Free)††	170 mg 40%
Total Fat	3 g 4%*	Zinc (as TRAACS® Zinc Bisglycinate Chelate)††	10 mg 91%
Total Carbohydrate	18 g 7%*	Selenium (as L-Selenomethionine)	100 mcg 182%
Dietary Fiber	4 g 14%*	Copper (as TRAACS® Copper Bisglycinate Chelate)††	750 mcg 42%
Total Sugars	4 g **	Manganese (as TRAACS® Manganese Bisglycinate Chelate)††	1.5 mg 65%
Includes 1 g Added Sugars	2%*	Chromium (as TRAACS® Chromium Nicotinate Glycinate Chelate)††	200 mcg 571%
Protein	20 g 40%*	Sodium	210 mg 9%
Vitamin A (450 mcg from Beta Carotene and 600 mcg as Palmitate)	1.05 mg 117%	Proprietary Blend (Proteins)	31 g
Vitamin C (as Ascorbic Acid)	250 mg 278%	Fermented Pea & Rice Protein	**
Vitamin D (as Vitamin D3) (2,000 IU)	50 mcg 250%	Chia Protein	**
Vitamin E (as d-Alpha Tocopheryl Acid Succinate)	13.5 mg 90%	Proprietary Blend (Fibers)	4 g
Vitamin K (200 mcg as Vitamin K1 and 200 mcg as Vitamin K2 (as MK-4))	400 mcg 333%	Partially Hydrolyzed Guar Gum†††	**
Thiamin (as Thiamin HCl)	50 mg 4,167%	Arabinogalactan (from Larch) (<i>Larix spp.</i>)††††	**
Riboflavin (as Riboflavin 5'-Phosphate Sodium)	12 mg 923%	Pectin (from Apple)	**
Niacin (as Niacinamide)	60 mg 375%	DHA (Docosahexaenoic Acid) (from Algal Oil)	200 mg **
Vitamin B6 (as Pyridoxal 5'-Phosphate)	20 mg 1,176%	Proprietary Blend (Mushrooms)	300 mg
Folate (400 mcg as L-5-Methyltetrahydrofolate† from L-5-Methyltetrahydrofolic Acid, Glucosamine Salt)	667 mcg DFE 167%	Maitake Mushroom (<i>Grifola frondosa</i>)	**
Vitamin B12 (as Methylcobalamin)	600 mcg 25,000%	Reishi Mushroom (<i>Ganoderma lucidum</i>)	**
Biotin	500 mcg 1,667%	Shiitake Mushroom (<i>Lentinula edodes</i>)	**
Pantothenic Acid (as Calcium Pantothenate)	45 mg 900%	d-Gamma Tocopherol (from mixed tocopherols)	24 mg **
Choline (as Choline Citrate)	18 mg 3%	Boron (as Bororganic™ Boron Glycinate Complex)†††††	1 mg **
Calcium (as TRAACS® Calcium Bisglycinate Chelate)††	88 mg 7%		
Iodine (as Potassium Iodide)	75 mcg 50%		

*Percent Daily Values are based on a 2,000 calorie diet.
**Daily Value (DV) not established.

Other Ingredients: Flavors, Evaporated Cane Juice Sugar, Stevia extract (leaf) (Rebaudioside A 95%).

manufactured by: THORNE RESEARCH, INC., 1-800-228-1966



SP116
LSP11601