



Actual Color and Size

Vitamin A&D

10000 IU/400 IU

Food/Dietary Supplement

Suggested Use: Take one (1) softgel daily with food. Do not exceed recommended daily dose unless directed by your health care practitioner.

Keep out of reach of children in a cool, dry place.

Supplement Facts

Serving Size = One (1) softgel

Servings Per Container = Varied

Amount Per Serving	% Daily Value
Vitamin A (Fish Liver Oil) 10000 IU	200%
Vitamin D-3 (Fish Liver Oil) 400 IU	100%

Other Ingredients: Soybean oil, gelatin, and glycerin

Allergy Information: Contains Fish and Soy

This product may be produced in a facility that also makes products containing milk, eggs, fish, crustacean shellfish, tree nuts, peanuts, and soy. Food supplements should not be used as a substitute for a varied diet.



294 Anna St., Watsonville, CA 95076
In case of adverse event: 855-885-2855