



# Cold Pressed Walnut Oil

Food/Dietary Supplement

Solvent Free

Naturally preserved with inert nitrogen gas

**Suggested Use:** Take one (1) tablespoon with food up to six times daily, or as directed by your health care practitioner.

Keep out of reach of children in a cool, dry place.

## Supplement Facts

Serving Size = One (1) tablespoon (14 g)      Servings Per Container = 63

Amount Per Serving	% Daily Value**	
Calories	126	6%
Total Fat	14 g	22%
Saturated Fat	1 g	5%
Polyunsaturated Fat	10 g	*
Monounsaturated Fat	2 g	*
Walnut Oil	15 ml	*

\* Daily Value not established.

\*\* Percent Daily Value is based on a 2000 calorie diet.

Other Ingredients: None

Natural product, may vary in taste and color. 1 Food supplements should not be used as a substitute for a varied diet.

Allergy Information: Contains Tree Nuts

