



Organic Flax Seed Oil

Food/Dietary Supplement

Solvent Free

Naturally preserved with inert nitrogen gas

Suggested Use: Take one (1) tablespoon with food up to six times daily, or as directed by your health care practitioner.

Keep out of reach of children in a cool, dry place.

Supplement Facts

Serving Size = One (1) tablespoon (14 g) Servings Per Container = 63

Amount Per Serving	% Daily Value**	
Calories	126	6%
Total Fat	14 g	22%
Saturated Fat	2 g	10%
Polyunsaturated Fat	10 g	*
Monounsaturated Fat	3 g	*
Organic Flax Seed Oil	15 ml	*
* Daily Value not established.		
** Percent Daily Value is based on a 2000 calorie diet.		

Other Ingredients: None

Natural product, may vary in taste and color. Food supplements should not be used as a substitute for a varied diet.



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In case of adverse event: 855-885-2855