



Actual Color and Size

Vitamin E

400 IU

100% Natural

Food/Dietary Supplement

Suggested Use: Take one (1) softgel daily with food. Do not exceed recommended daily dose unless directed by your health care practitioner.

Keep out of reach of children in a cool, dry place.

Supplement Facts

Serving Size = One (1) softgel

Servings Per Container = Varied

Amount Per Serving	% Daily Value	
Vitamin E (d-Alpha Tocopherol)	400 IU	1330%

Other Ingredients: Gelatin, glycerin, and soybean oil.

Allergy Information: Contains Soy

This product may be produced in a facility that also makes products containing milk, eggs, fish, crustacean shellfish, tree nuts, peanuts, and soy. Food supplements should not be used as a substitute for a varied diet.

Most soy allergies are actually allergies to soy protein. Our Vitamin E is derived from soybean oil that does not contain soy protein.



294 Anna St., Watsonville, CA 95076
In case of adverse event: 855-885-2855