

SUGGESTED USE: Take 1 capsule daily with food or use as directed by your healthcare professional.

Children and pregnant or lactating women should consult their healthcare professional prior to use. Do not use if tamper seal is damaged.

STORAGE: Keep closed in a cool, dry place out of reach by children.

DOES NOT CONTAIN: Milk, eggs, fish, shellfish, tree nuts, peanuts, wheat, or artificial colors.

Vitamin D3 Meets or Exceeds cGMP Quality Standards.



T A R G E T E D S U P P O R T ®



SeekingHealth®

Vitamin D₃

125 mcg (5,000 IU)

Dietary Supplement

100 VEGETARIAN CAPSULES

Supplement Facts

Serving Size: 1 Capsule
Servings Per Container: 100

	Amount Per Serving	%Daily Value
Vitamin D3 (cholecalciferol)	125 mcg (5,000 IU)	625%

Other Ingredients: Microcrystalline cellulose, vegetarian capsule (hypromellose and water), ascorbyl palmitate, and silica.

Find Other Effective Health Products At
www.seekinghealth.com

Manufactured for and Distributed by:
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(800) 547-9812

VITAD-100-CAPS
REV. 110719

This package is completely recyclable