WE WANT YOU TO KNOW

That every nutrient that goes into our gummies is carefully chosen based on extensive research. And just as much care goes into making them delicious.



PREBIOTIC FIBER

OMEGA 3 FISH OIL FROM SMALL FISH

FOLATE AS METHYLFOLATE

B12 AS METHYLCOBALAMIN ZINC AS ZINC CITRATE

VITAMINS K1 & K2 AS MK7

VITAMIN B6 AS P5P

BETA CAROTENE

CHOLINE AS VITACHOLINE®

3 DELICIOUS FLAVORS LEMON, STRAWBERRY BANANA, and ORANGE

SMARTY PANTS



MULTI and **OMEGA 3s** fiber for DIGESTION* vitamin B12 for ENERGY* vitamin E for ANTIOXIDANTS*

vitamin D3 for BONES*

Directions: For adults, take three (3) gummies daily for the first week, six (6) gummies daily thereafter. May be taken with or without food.

Supplement Facts

Serving Size 6 Gummies Servings Per Container 30

Amount per 6 Gummy Serving	% [Daily Value
Calories	35	
Total Fat	< 1 g	< 1%
Cholesterol	< 5 mg	< 1%
Total Carbohydrate	10 g	4%†
Dietary Fiber	6 g	23%†
Soluble Fiber	6 g	
Sugars	3 g	
Includes 0 g Added Sugars		0%†
Vitamin A (as 50% beta-carotene, retinyl palmitate USP)	270 mcg	30%
Vitamin C (as ascorbic acid USP)	67.5 mg	75%
Vitamin D (D-3 as cholecalciferol USP)	30 mcg (1200 IU)	150%
Vitamin E (as d-alpha-tocopherol from sunflower oil)	9.9 mg	66%
Vitamin K (K-1 as phylloquinone)	18 mcg	15%
Thiamin (Vitamin B-1 as thiamine mononitrate USP)	0.15 mg	13%
Riboflavin (Vitamin B-2)	0.24 mg	18%
Vitamin B-6 (as pyridoxal 5-phosphate)	1.5 mg	88%
Folate (as L-methylfolate, calcium salt)	375 mcg DFE (225 mcg L-methylfolate	94%
Vitamin B-12 (as methylcobalamin)	3.6 mcg	150%
Biotin USP	24 mog	80%
Pantothenic acid (as calcium D-pantothenate USP)	0.563 mg	11%
Choline (as choline bitartrate)	18 mg	3%
lodine (as potassium iodide USP)	135 mcg	90%
Zinc (as zinc citrate USP)	2.4 mg	22%
Sodium	25 mg	1%
Fish Oil	510 mg	
Total Omega-3 Fatty Acids	150 mg	
EPA and DHA	150 mg	
Inositol FCC	3 mg	
Vitamin K-2 (as menaguinone-7)	12 mog	**

† Percent Daily Value based on a 2.000 calorie diet * Daily Value not established

Other Ingredients: Inulin (Chicory Root Fiber), Gelatin, Pectin, Citric Acid, Natural Flavors. Colors Added (Organic Black Carrot Juice Concentrate, Organic Turmeric), Organic Sunflower Oil, Organic Carnauba Wax, Lo Han Fruit Concentrate.

FREE OF

synthetic colors, artificial flavors and preservatives, yeast, wheat, milk, eggs, soy, gluten, peanuts, tree nut allergens, fish allergens, shellfish, and salicylates. YAY!

EVERY BATCH 3RD PARTY LAB TESTED





WARNING Keep out of reach of children. Consult your health care provider before use if you have a medical condition, are on any medications, are planning a medical procedure, or are pregnant or nursing. Do not use if inner safety seal is broken. Do not exceed recommended dosage.

Do not freeze, product may darken over time.

Manufactured in California from domestic and imported ingredients.

Distributed by SmartyPants, Inc., Marina del Rev. CA 90292 USA. For Customer Support: 1-888-751-2291







This product does not contain common GE genes or proteins. Visit igenprogram.com VitaCholine® is a registered trademark of Balchem Corporation.



cure, or prevent any disease.

Hoot@SmartvPantsCorp.com

made from 100% nost-consumer ecycled material









Omega 3 Fish Oil from Sustainable Fisheries, Small Fish Only