

DIM Vitex PMS Formula*

BioResponse DIM®, a stable, bioavailable form of diindolylmethane (DIM), combined with Vitex standardized extract, bioactive vitamin B6, magnesium, and chromium.

Suggested Use

As a dietary supplement, 2 capsules one or two times daily with meals, or as directed by a healthcare practitioner.

Do not use this product if you are pregnant, lactating, or using birth control pills. Persons taking prescription medications should consult a healthcare practitioner before use. Harmless changes in urine color may occur.

Keep out of reach of children.

BioResponse DIM® is a proprietary, enhanced bioavailability complex containing diindolylmethane licensed from BioResponse, L.L.C., Boulder, Colorado.*

Formulated exclusively for
Allergy Research Group®
South Salt Lake, UT 84115
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AllergyResearchGroup®

DIM Vitex PMS Formula*



dietary supplement
120 vegetarian capsules

Supplement Facts

Serving Size 2 Capsules
Servings Per Container 60

Amount Per Serving	% Daily Value*	
Vitamin B6 (as Pyridoxal-5-Phosphate)	25 mg	1471%
Magnesium (as Magnesium Aspartate)	50 mg	12%
Chromium (as Chromium Picolinate)	50 µg	143%

BioResponse DIM® (A patented Diindolylmethane complex-starch, DIM (25% min.), vitamin E (as tocophersolan), phosphatidylcholine (sunflower), silica) 150 mg †
Vitex agnus-castus (Berry) Extract (Standardized to 0.5% Agnusides) 75 mg †

† Daily Value not established. *Percent Daily Value based on a 2,000 calorie diet.

Other ingredients: Hydroxypropyl methylcellulose, microcrystalline cellulose, L-leucine.

*This statement has not been evaluated by the Food and Drug Administration.
This product is not intended to diagnose, treat, cure or prevent any disease.

Keep in a cool, dry place, tightly capped.

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