



## Zinc Picolinate 2%

**Caution: Do not exceed 3000 milligrams  
in a day.**

Storage: Keep dry, cool & dark

**100g (3.53oz)**

Lot Number:

**Date of manufacture**

## Supplement Facts

Serving Size 1250 milligrams

Servings per container: 80

Amount Per Serving	% Daily Value**
Carbohydrate 1 g	<1%
... Sugar alcohol (as mannitol) 1 g	*
Zinc (as Zinc Picolinate) 25mg	167%

\* Daily Value not established.

\*\* Based on 2,000 calorie diet

**Other Ingredients:** mannitol

**Free of:** Sugar, soy, dairy, yeast, gluten, corn and additives.

**Directions:** As a dietary supplement, take 1250 mg (scant 1/2 Tbsp) once or twice daily, or as directed by a physician.

### US Standard Measuring Spoons

Spoon Size (level)	milligrams
1/8 teaspoon	346
1/4 teaspoon	692
1/2 teaspoon	1385

**Warning:** This product is not intended for use by those with a serious medical condition or pregnant or lactating women. Consult your physician before use. Keep out of reach of children.