

## Taurine 1000 mg

Taurine is a semi-essential amino acid. Free form amino acid, high purity, well tolerated.

### Suggested Use

As a dietary supplement, 1 capsule one or two times daily between meals, or as directed by a healthcare practitioner.

Keep in a cool, dry place, tightly capped.



# Taurine 1000 mg

Free Form Amino Acid



dietary supplement

**HYPOALLERGENIC**

250 vegetarian capsules

## Supplement Facts

Serving Size 1 Capsule

Servings Per Container 250

Amount Per Serving	% Daily Value*
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Taurine	1 g †
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† Daily Value not established. \* Percent Daily Value are based on a 2,000 calorie diet

Other ingredients: Hydroxypropyl methylcellulose, hydroxypropyl cellulose, silicon dioxide, magnesium stearate, gum acacia.

Formulated exclusively for Allergy Research Group®  
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