

MVM-A with Antioxidants

Multiple vitamin and mineral formula with additional nutrients featuring N-acetyl-L-carnitine and 5-methyltetrahydrofolate, the active form of folate.*
Developed by Martin Pall, Ph.D. and Allergy Research Group.

Suggested Use

As a dietary supplement, 2 capsules two times daily, or as directed by a healthcare practitioner.

Variations in product color may occur.

Keep in a cool, dry place, tightly capped.

*This statement has not been evaluated by the Food and Drug Administration.
This product is not intended to diagnose, treat, cure or prevent any disease.



Rev. 015

Formulated exclusively for
Allergy Research Group®
South Salt Lake, UT 84115
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AllergyResearchGroup®

MVM-A with Antioxidants



dietary supplement
HYPOALLERGENIC
180 vegetarian capsules

Supplement Facts

Serving Size 2 Capsules
Servings Per Container 90

Amount Per Serving	% Daily Value*
Vitamin A (as 525 IU of Retinyl Palmitate)	158 µgRAE 18%
Vitamin C (as Ascorbic Acid)	67 mg 74%
Vitamin D3 (as 540 IU of Cholecalciferol)	13.5 µg 68%
Vitamin K1 (as Phytomenadione)	25 µg 21%
Thiamine (as Thiamine Hydrochloride)	8 mg 667%
Riboflavin (as Riboflavin, Riboflavin-5-Phosphate)	10 mg 769%
Vitamin B3 (as Inositol Hexanicotinate)	30 mgNE 188%
Vitamin B6 (as Pyridoxine HCl, Pyridoxine-5-Phosphate)	8 mg 471%
Folate (as 400 µg of 5-Methyltetrahydrofolate (from 742 µg [6S]-5-methyltetrahydrofolic acid, glucosamine salt) 667 µgDFE	167%
Vitamin B12 (as Hydroxycobalamin)	30 µg 1250%
Biotin	100 µg 333%
Pantothenic Acid (as D-Pantothenate Calcium)	20 mg 400%
Calcium (as Calcium Carbonate, Sulfate, Citrate)	83 mg 6%
Iodine (as Potassium Iodide)	50 µg 33%
Magnesium (as Sulfate, Citrate, Malate, Bisglycinate)	120 mg 29%
Zinc (as Zinc Citrate)	7 mg 64%
Selenium (as Selenomethionine)	67 µg 122%
Copper (as Copper Bisglycinate)	0.4 mg 44%
Manganese (as Manganese Sulfate)	1.5 mg 65%
Chromium (as Chromium Picolinate)	50 µg 143%
Molybdenum (as Sodium Molybdate)	30 µg 67%
Glycine (as Magnesium Bisglycinate)	8 mg †
Taurine	83 mg †
Baron (as Boric Acid)	1 mg †
N-Acetyl L-Carnitine	100 mg †
Alpha Lipoic Acid	40 mg †

Daily Value not established.

* Percent Daily Value are based on a 2,000 calorie diet

Other ingredients: Hydroxypropyl methylcellulose, microcrystalline cellulose, ascorbyl palmitate, silicon dioxide.