



Vitamin E Powder 700IU

Use caution if you are taking anticoagulants.

Storage: Keep dry, cool & dark

100g (3.53oz)

Lot Number:

Date of manufacture

Supplement Facts

Serving Size 545 milligrams

Servings per container: about 183

| Amount Per Serving | % Daily Value** |
|--|-----------------|
| Vitamin E (as d-alpha tocopherol acetate) 545 mg (400 IU) | 1333% |

* Daily Value not established.

** Based on 2,000 calorie diet

Other Ingredients: starch

Free of: soy, dairy, yeast, gluten, and artificial additives.

Directions: As a dietary supplement, take 545 mg (about 3/8 tsp) up to two times daily preferably with meals, or as directed by physician.

US Standard Measuring Spoons

| Spoon Size (level) | milligrams |
|--------------------|------------|
| 1/16 teaspoon | 175 |
| 1/8 teaspoon | 351 |
| 1/4 teaspoon | 703 |

Warning: This product is not intended for use by those with a serious medical condition or pregnant or lactating women. Consult your physician before use. Keep out of reach of children.