



OptimALA™
Optimized Alpha Lipoic Acid

How It Works: OptimALA is a novel and highly-bioavailable formulation of alpha lipoic acid (ALA). We take the extremely stable sodium salt of the active R-isomer of ALA, and combine it with a very bioavailable cyclodextrin complex of R-lipoic acid. This gives you two of the most potent and effective forms of R-ALA. In addition, it contains a sesame extract that is high in sesamin. When paired together, this provides beneficial improvements in lipid oxidation, blood glucose, antioxidant support, and energy metabolism.*

Disclaimer: Keep out of reach of children. Do not take this or any other supplement if under the age of 18, pregnant or nursing a baby, or if you have any known or suspected medical conditions, and/or taking prescription drug(s) or OTC medication(s).

**Mitochondrial Energy
+ Inflammation Support***

30 Capsules | Dietary Supplement



Made for Natrium Health

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Supplement Facts

Serving Size: 1 Capsule Servings Per Container: 30	Amount Per Serving	%DV**
R-Alpha Lipoic Acid Cyclodextrin Complex	250mg	†
NA-R-ALA Stabilized R-Lipoic Acid	125mg	†
Sesame Extract (Standardized to 70% Sesamin)	100mg	†

†Daily Value Not Established. **Based on a 2,000 Calorie Diet
Other Ingredients: Vegetable Cellulose

Suggested Use: As a dietary supplement, take 1 capsule up to 2 times daily.

Storage: Store in a cool and dry place. Keep away from direct sunlight or heat.

Made in the USA with US and Imported Ingredients

*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.