

21ST
CENTURY®



B-12
500 mcg



Energy, Metabolism &
Nervous System Support*

V I T A M I N S U P P L E M E N T

110 TABLETS



Supplement Facts

Serving Size 1 Tablet

Amount Per Serving		% Daily Value
Vitamin B-12	500 mcg	20830%
(as Cyanocobalamin)		
Calcium	100 mg	8%
(as Calcium Carbonate)		

Other Ingredients: Cellulose, Maltodextrin, Stearic Acid, Croscarmellose Sodium.
Contains <2% of: Magnesium Stearate, Silicon Dioxide.

Proudly Manufactured by

21ST Century HealthCare, Inc.

2119 S. Wilson St., Tempe, AZ 85282 USA

21stcenturyvitamins.com

500301-0917N



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B-12 500 mcg

Vitamin B-12 (Cyanocobalamin) supports energy metabolism.* 500301-0917N



ACTUAL
SIZE



7

40985 22309

3

Directions: As a vitamin supplement, adults take one (1) tablet daily with any meal or as directed by a healthcare provider. Do not exceed recommended dosage. Individual results may vary.

Warning: Consult a healthcare provider prior to use if pregnant, nursing, on medications, have a medical condition or are planning a medical procedure. Stop use and contact a physician if adverse reactions occur.

Keep out of reach of children. Do not use if product appears to be tampered with or seal is broken. Store at room temperature.

No added Sugar, Yeast, Preservatives, Artificial Flavors or Colors. **Gluten Free.**

*THESE STATEMENTS HAVE NOT BEEN EVALUATED BY THE FOOD AND DRUG ADMINISTRATION. THIS PRODUCT IS NOT INTENDED TO DIAGNOSE, TREAT, CURE, OR PREVENT ANY DISEASE.