

Zen Adapt with Sensoril®

Zen Adapt enhances the parasympathetic nervous system balancing action of GABA and L-Theanine with the addition of Sensoril®, a pure water extract of ashwagandha.* Sensoril® has been shown to help alleviate the physical, emotional, and mental effects of stress and tension.*

Suggested Use

As a dietary supplement, 2 capsules one or two times daily between meals, or as directed by a healthcare practitioner.

Warning: If taking antidepressants or other psychotropic medications, use only under the supervision of a qualified healthcare practitioner. Although we are not aware of any interactions, because these also affect brain function there is theoretical potential for negative or positive interactions, either of which would need to be monitored.

Store in a cool, dry place, tightly capped.

*This statement has not been evaluated by the Food and Drug Administration.
This product is not intended to diagnose, treat, cure or prevent any disease.



Formulated exclusively for Allergy Research Group®
South Salt Lake, UT 84115 www.allergyresearchgroup.com
Phone: 800.545.9960



Zen Adapt with Sensoril®



dietary supplement
HYPOALLERGENIC
60 vegetarian capsules

Supplement Facts

Serving Size 2 Capsules
Servings Per Container 30

Amount Per Serving	% Daily Value
GABA (Gamma-Aminobutyric Acid)	
550 mg	†
L-Theanine	
200 mg	†
Sensoril® Ashwagandha (<i>Withania somnifera</i>) Root and Leaf Extract	
125 mg	†

† Daily value not established.

Other ingredients: Hydroxypropyl methylcellulose, microcrystalline cellulose, rice hull concentrate, gum arabic, sunflower oil.

SENSORIL® is protected under U.S. Patent No. 7,318,938 and CA Patent No. 2,508,478, and is a registered trademark of Natreon, Inc.™ Rev. 004