

B12 Adenosylcobalamin

Coenzyme vitamin B12 in the form of adenosylcobalamin, also known as dibenzozide. This is the active form of vitamin B12 used by the mitochondria, the energy powerhouse in each cell.* With folic acid.

Suggested Use

As a dietary supplement, adults place 1 lozenge daily under tongue 30 seconds before swallowing, or as directed by a healthcare professional. May be taken with or without food. Keep in cool, dry place, tightly capped.

*This statement has not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.



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3000 µg with Folic Acid



dietary supplement
60 vegetarian lozenges

Supplement Facts

Serving Size	1 Lozenge
Servings Per Container	60

Amount Per Serving	% Daily Value*
Folate (as 200 µg Folic Acid)	
333 µgDFE	83%
Vitamin B12 (as Adenosylcobalamin)	
3000 µg	125,000%

* Percent Daily Value are based on a 2000 calorie diet.

Other ingredients: Sorbitol, stearic acid, cellulose, silica, croscarmellose sodium, magnesium stearate.

Formulated exclusively for Allergy Research Group®
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