

## TMG

Provides trimethylglycine (TMG), needed to metabolize homocysteine into methionine, and for DMG (dimethylglycine) production.\*

### Suggested Use

As a dietary supplement, 1 capsule one to three times daily before meals, or as directed by a healthcare practitioner.

Keep in a cool, dry place, tightly capped.

\*This statement has not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.



AllergyResearchGroup®

# TMG

## Trimethylglycine



dietary supplement  
**HYPOALLERGENIC**  
100 vegetarian capsules

## Supplement Facts

Serving Size 1 Capsule  
Servings Per Container 100

Amount Per Serving	% Daily Value
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Trimethylglycine	750 mg	†
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† Daily Value not established.

Other ingredients: Hydroxypropyl methylcellulose, rice concentrate, silicon dioxide.

Formulated exclusively for  
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