

Methylsulfonylmethane (MSM) is a naturally occurring organic sulfur compound found in all living plant and animal tissue. Sulfur, an essential element in human nutrition, is a necessary component for making collagen, the primary constituent of skin, hair, joints, cartilage and other connective tissues. It helps support joint flexibility, cellular fluid balance and healthy skin. Our formula is made from the finest quality OptiMSM® brand MSM.†

1,000 mg of MSM provides 340 mg of elemental sulfur.

OptiMSM OptiMSM® is a registered trademark of Cardinal Associates, Inc.

**WE GUARANTEE OUR SUPPLEMENTS
FOR POTENCY AND PURITY**

To report a serious adverse event, call 1-888-710-0006

†These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.

OptiMSM®
MSM
1,000 mg

Supports Healthy Joints & Skin†

Dietary Supplement

60 VEGETARIAN CAPSULES



Supplement Facts

Serving Size 1 Capsule

Servings Per Container 60

Amount Per Serving

% Daily Value

MSM (methylsulfonylmethane)

1,000 mg

*

* Daily Value not established.

Other Ingredients: Capsule (vegetable source), magnesium stearate (vegetable source), silicon dioxide.

SUGGESTED USE: Take one capsule up to three times daily.

CONTAINS NO artificial colors, flavors or preservatives; no wheat, gluten, milk, eggs, peanuts, tree nuts, soy, crustacean shellfish or fish. Suitable for vegans.

This product is made using a special manufacturing process resulting in a firmly compressed powder block within the capsule, rather than a loose powder. This provides a fully potent 1,000 mg MSM formula in an easy-to-swallow vegetarian capsule.

KEEP OUT OF REACH OF CHILDREN.

VL 196K

