

Whole GI Wellness with Benegut®

Whole GI Wellness combines the proven Perilla extract Benegut® with modified citrus pectin and traditional botanicals, including bromelain, papaya, cayenne, ginger, fennel seed, oregano, and chlorophyll. It is designed to help resolve temporary gastrointestinal discomfort, and encourage healthy bowel motion and elimination.*

Suggested Use

As a dietary supplement, 2 capsules two times daily, or as directed by a healthcare professional.

Store in a cool, dry place, tightly capped.

*This statement has not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.



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AllergyResearchGroup®

Whole GI Wellness with Benegut®



dietary supplement
120 vegetarian capsules

Supplement Facts

Serving Size 2 Capsules
Servings Per Container 60

Amount Per Serving	% Daily Value*
Modified Citrus Pectin	200 mg †
Perilla (Leaf) Extract (Benegut®)	150 mg †
Ginger (Root) Extract 4:1	60 mg †
Papaya (Fruit) Extract 5:1	50 mg †
Bromelain 2400 GDU	50 mg †
Fennel (Seed) Extract 4:1	50 mg †
Chlorophyll	40 mg †
Oregano Extract 4:1	30 mg †
Cayenne Powder 40,000 SHU	20 mg †

† Daily Value not established

Other ingredients: Hydroxypropyl methylcellulose, microcrystalline cellulose, magnesium stearate, silicon dioxide, gum acacia, maltodextrin.

Formulated exclusively for Allergy Research Group®
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