



60

VEGAN TABLETS

WHOLE FOOD SUPPLEMENT

mykind
ORGANICSCERTIFIED ORGANIC
WHOLE FOOD

HAIR, SKIN & NAILS

Suggested Use: Adults take 2 tablets daily with food. Not intended for children.

Supplement Facts

Serving Size 2 Tablets
Servings Per Container 30

	Amount Per Serving	% Daily Value
Vitamin A (Beta-Carotene, Organic Food Blend)	360 mcg	40%
Vitamin C (from Organic Food Blend)	45 mg	50%
Vitamin E (from Organic Food Blend)	3 mg	20%
Thiamin (Vitamin B1 from Organic Food Blend)	0.2 mg	17%
Riboflavin (Vitamin B2 from Organic Food Blend)	0.2 mg	15%
Niacin (from Organic Food Blend)	3 mg	19%
Vitamin B6 (from Organic Food Blend)	1 mg	59%
Folate (from Organic Food Blend)	80 mcg DFE	20%
Biotin (from Organic Food Blend)	2,500 mcg	8333%
Pantothenic Acid (from Organic Food Blend)	1 mg	20%
Zinc (from Organic Food Blend)	0.5 mg	5%
Selenium (from Organic Food Blend)	12 mcg	22%
Manganese (from Organic Food Blend)	0.1 mg	4%
Chromium (from Organic Food Blend)	20 mcg	57%
Silica (from Organic Bamboo Extract, standardized to 75% Silica)	10 mg	+
Organic Food Blend	710 mg	+
Organic <i>Sesbania grandiflora</i> (leaf), Organic Amla Berry (fruit), Organic Apple (fruit), Organic Guava (fruit & leaf), Organic Annatto (fruit & seed), Organic Holy Basil (leaf), Organic Lemon (fruit & peel), Organic Moringa (leaf), Organic Beet (root), Organic Broccoli (stalk & flower), Organic Carrot (root), Organic Spinach (leaf), Organic Tomato (fruit), Organic Strawberry (fruit), Organic Cherry (fruit), Organic Blackberry (fruit), Organic Green Bell Pepper (fruit), Organic Brussels Sprout (leaf), Organic Ginger (root), Organic Blueberry (fruit), Organic Garlic (bulb), Organic Green Onion (bulb), Organic Raspberry (fruit), Organic Parsley (leaf), Organic Cauliflower (flower & stem), Organic Red Cabbage (leaf), Organic Kale (leaf), Organic Cucumber (gourd), Organic Celery (stalk), Organic Asparagus (flower & stem)		
Organic Beauty Blend	194 mg	+
Organic Green Tea Extract (leaf), Organic Pomegranate Extract [Standardized to 50% Polyphenols] (fruit), Organic Citrus Bioflavonoids (fruit & peel), Organic Rooibos Extract (leaf), Organic Bamboo Extract (shoot)		
Organic Turmeric (root)	50 mg	+
+ Daily Value not established.		

Other Ingredients: Clean Tablet Technology™ Blend (patent pending): Organic Gum Arabic, Organic Dextrose, Organic Coating (Organic Sunflower Lecithin, Organic Tapioca Maltodextrin, Organic Palm Oil, Organic Guar Gum), Organic Brown Rice Concentrate.**CAUTION:** As with any dietary supplement, consult your healthcare practitioner before using this product, especially if you are pregnant, nursing, giving product to children, anticipate surgery, take medication on a regular basis or are otherwise under medical supervision.

Package size is determined by labeling information, not the number of servings in this container. The serving size and contents are clearly marked.

Made without dairy or soy ingredients, peanut, tree nuts or shellfish. Manufactured in a facility that also processes soy, dairy, peanut, tree nuts and shellfish.

Keep out of reach of children. Store in a cool, dry place.

Do not use if safety seal is broken or missing.

No artificial colors or preservatives.

Distributed by Garden of Life LLC

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Certified Organic by QCS www.gardenoflife.com

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