

Multi-Vi-Min®

Formulated by Stephen A. Levine, PhD, to have low allergen potential. Now with riboflavin-5-phosphate, pyridoxal-5-phosphate, 5-MTHF, and methylcobalamin. Vitamin C is left out because it can enhance iron absorption.*

Suggested Use

As a dietary supplement, 1 capsule one to three times daily with meals, or as directed by a healthcare practitioner.

Taking more than 400 µg of selenium per day from all sources should only be done under the guidance of a healthcare professional.

WARNING: Accidental overdose of iron containing products is a leading cause of fatal poisoning in children under 6. Keep this product out of reach of children. In case of accidental overdose, call a doctor or a poison control center immediately.

Variations in product color may occur. Keep in a cool, dry place, tightly capped.

*This statement has not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.



Formulated exclusively for
Allergy Research Group®
South Salt Lake, UT 84115
www.allergyresearchgroup.com
Phone: 800.545.9960

Quatrefolic® is a registered
trademark of Gnosis S.p.A.,
U.S. Patent No. 7,947,662.

AllergyResearchGroup®

Multi-Vi-Min®

Classic Hypoallergenic Formula



dietary supplement

HYPOALLERGENIC

150 vegetarian capsules

Supplement Facts

Serving Size
Servings Per Container

1 Capsule
150

Amount Per Serving	% Daily Value*
Vitamin A (as 2000 IU of Retinyl Palmitate)	601 µgRAE 67%
Vitamin D3 (as 100 IU of Cholecalciferol)	2.5 µg 13%
Vitamin E (as 80 IU of dl-Alpha-Tocopheryl Acetate)	72 mg 480%
Thiamin (as Thiamine Hydrochloride)	20 mg 1667%
Riboflavin (as Riboflavin-5-Phosphate)	10 mg 769%
Niacin (as Niacinamide)	30 mgNE 188%
Vitamin B6 (as Pyridoxine Hydrochloride and Pyridoxal-5-Phosphate)	31 mg 1824%
Folate (as 60 µg 5-Methyltetrahydrofolate (from 111 µg [6S]-5-Methyltetrahydrofolic acid, glucosamine salt))	100 µgDFE 25%
Vitamin B12 (as Methylcobalamin)	80 µg 3333%
Biotin (as d-Biotin)	80 µg 267%
Pantothenic Acid (as Calcium Pantothenate)	100 mg 2000%
Calcium (as Calcium Citrate)	20 mg 2%
Iron (as Ferric Citrate)	4 mg 22%
Magnesium (as Magnesium Citrate)	20 mg 5%
Zinc (as Zinc Citrate)	6 mg 55%
Selenium (as Sodium Selenite)	40 µg 73%
Copper (as Copper Bisglycinate)	300 µg 33%
Manganese (as Manganese Citrate)	3 mg 130%
Chromium (as Chromium Picolinate)	80 µg 229%
Molybdenum (as Sodium Molybdate)	40 µg 89%
Potassium (as Potassium Chloride)	20 mg <1%
Boron (as Boric Acid)	200 µg †
Glutamic Acid	40 mg †

† Daily Value not established.

* Percent Daily Value are based on a 2,000 calorie diet

Other ingredients: Hydroxypropyl methylcellulose, stearic acid, microcrystalline cellulose, magnesium stearate, silicon dioxide.

Rev. 014