

## Buffered Vitamin C Powder

Buffered Vitamin C contains high-purity ascorbic acid buffered with carbonates of potassium, calcium, and magnesium.

### Suggested Use

As a dietary supplement, ½ heaping teaspoon in 8 to 12 ounces of liquid, between meals, or as directed by a healthcare practitioner. Two teaspoons supply approximately the recommended dietary allowances of calcium and magnesium.

Variations in product color may occur. Keep in a cool, dry place, tightly capped.

Developed by Stephen A. Levine, Ph.D.



# Buffered Vitamin C Powder

with Calcium, Magnesium and Potassium



dietary supplement  
240 grams (8.5 oz.)

## Supplement Facts

Serving Size 1/2 Teaspoon (2.35g)  
Servings Per Container 102

Amount Per Serving	% Daily Value*	
Vitamin C (as Ascorbic Acid)	1.067 g	1186%
Calcium (as Calcium Carbonate)	202 mg	16%
Magnesium (as Magnesium Carbonate)	107 mg	25%
Potassium (as Potassium Carbonate)	45 mg	1%

\* Percent Daily Value are based on a 2,000 calorie diet

Other ingredients: Microcrystalline cellulose.

Formulated exclusively for Allergy Research Group®  
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