



Dr. Formulated ORGANIC FIBER

5g PREBIOTIC FIBER

PER SERVING FROM 5 NUTRITIOUS ORGANIC SUPERFOODS

Support for Occasional Constipation[†]
Promotes Hunger Control[†]
No Grit or Gummy Texture



PSYLLIUM FREE • GLUTEN FREE • DAIRY FREE

32 SERVINGS Net Wt 6.8 oz (192 g)

CLEAR, UNFLAVORED DIETARY SUPPLEMENT



Dr. Formulated ORGANIC FIBER



DAVID PERLMUTTER, M.D.

Formulated by America's Brain-Health Expert, a Board-Certified Neurologist, #1 *New York Times* best-selling author, Fellow of the American College of Nutrition and expert in the human MICROBIOME.

Clear, Odorless, Unflavored and packed with goodness, **Organic Fiber** is an **easy and convenient** way to boost your favorite beverage or food's nutritional value with a single spoonful.

Prebiotic Fiber from real, **Organic, Non-GMO** Whole Foods helps curb appetite, promotes growth of healthy probiotics in the digestive tract, supports healthy digestion, elimination and occasional constipation.[†]

CERTIFIED ORGANIC

Farmed without the use of toxic pesticides and fertilizers

NON-GMO VERIFIED

Independent, third party verification

VEGAN CERTIFIED

Third party certified by Vegan Action

CERTIFIED GLUTEN-FREE BY NSF

Suggested Use: Adults mix 1 Tablespoon with 8oz of water or juice. Dissolves easily and mixes clearly. Not intended for children.

Supplement Facts

Serving Size 1 Tablespoon (About 6g)
Servings Per Container 32

	Amount Per Serving	% Daily Value
Calories	20	
Total Fat	0 g	0% ¹
Total Carbohydrate	5 g	2% ¹
Dietary Fiber	5 g	18% ¹
Soluble Fiber	4 g	
Insoluble Fiber	1 g	
Total Sugars	0 g	+

Organic Prebiotic Fiber Blend 6 g +
Organic Acacia Fiber (*A. senegal*), Organic Orange (peel), Organic Baobab (fruit), Organic Apple (peel), Organic Cranberry (seed)

¹Percent Daily Values based on a 2,000 calorie diet.
+Daily Value not established.

CAUTION: As with any dietary supplement, consult your healthcare practitioner before using this product, especially if you are pregnant, nursing, giving product to children, anticipate surgery, take medication on a regular basis or are otherwise under medical supervision.

Keep out of reach of children. Store in a cool, dry place. Do not use if seal is damaged or missing. Packaged by weight, not volume. Settling may occur.

Made without dairy or soy ingredients, tree nuts, added sugars, filler ingredients, nor artificial colors, flavors, sweeteners or preservatives.

Manufactured in a facility that also processes egg, milk, soy and tree nuts. May contain traces of soy due to agricultural practices.

[†]These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.



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DFOFUP-061219

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