

**Krebs = Citrate, Fumarate, Malate, Glutarate and Succinate Complex

Manufactured by: Douglas Laboratories
600 Boyce Road Pittsburgh, PA 15205 USA
www.douglaslabs.com 1.800.245.4440

Suggested Usage: As a dietary supplement, adults take 2 capsules daily with food or as directed by your health professional.

Warning: If you are pregnant, nursing, have any health condition or taking any medication, consult your healthcare professional before using this product.

WARNING: Accidental overdose of iron-containing products is a leading cause of fatal poisoning in children under 6. KEEP THIS PRODUCT OUT OF THE REACH OF CHILDREN. In case of accidental overdose, call a doctor or poison control center immediately.

Use only if safety seal is intact. Store in a cool, dry place.

Gluten-free, Non-GMO

†This statement has not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.

Contents may not fill package in order to accommodate required labeling. Please rely on stated quantity.

Formula #82924 V2

Hair, Skin and Nails Plus

Dietary Supplement

Nutrient support for healthy hair, skin and nails†



100 Capsules

Supplement Facts

Serving Size 2 Capsules
Servings Per Container 50

Amount Per Serving		%DV	Amount Per Serving		%DV
Vitamin A	2,250 mcg	250%	Citrus Bioflavonoids...	37.5 mg	*
[as vitamin A palmitate]			Complex		
Vitamin C	62.5 mg	69%	PABA	37.5 mg	*
[as calcium ascorbate/magnesium ascorbate/manganese ascorbate and ascorbic acid complex]			[as para-aminobenzoic acid]		
Calcium	80 mg	6%	Horsetail Extract	325 mg	*
[as calcium malate/citrate/ascorbate complex]			[<i>Equisetum arvense</i> , stems and leaves]		
Iron (as Ferronyl®)	7.5 mg	42%	Lecithin (from soy) ...	100 mg	*
Magnesium	55 mg	13%	[granules, high in phosphatidylcholine]		
[as magnesium malate]			Gelatin	75 mg	*
Zinc	7.5 mg	68%			
[as zinc krebs††/malate/ascorbate complex]					
Manganese	5 mg	217%			
[as manganese ascorbate]					

*Daily Value (DV) not established

Other ingredients: Gelatin (capsule), microcrystalline cellulose, vegetable stearate, silica, and magnesium silicate

Contains: Soy



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