

Report any adverse reactions to 860.623.6314

Notice: This is a natural product that may exhibit color, taste, and density variations from lot to lot. Accurate serving size can only be determined by weight. A scoop is provided to help approximate this serving size. For the most accurate results, fill scoop and tap the bottom 3 or 4 times, then with a digital scale take out the scoop weight, and weigh the powder.

PaleoMeal®DF: Highest Quality Ingredients and Formulation

When used with a balanced whole foods diet, PaleoMeal®DF is designed to help promote an optimal intake of protein, fats, carbohydrates, vitamins and minerals needed for overall wellness. PaleoMeal®DF is made with Peatein™ which is a natural pea protein concentrate, offering a high level of functionality and nutritional benefits. Using a patented protein technology, the production process does not use any chemical substances. Peatein™, consisting of North American grown yellow peas, is not genetically modified (non-GMO) and has been assayed to show non-detectable levels of lectins.

The inclusion of Peatein™ makes PaleoMeal®-DF ideal for those on a dairy-free diet and looking for an easily digestible (98%) vegetarian protein. Peatein™ has an excellent array of amino acids, including high levels of BCAAs (branched chain amino acids). Its amino acid profile is similar to whey protein and is particularly high in arginine, leucine and lysine.

TRAACS® and Creatine MagnaPower® are registered trademarks of Albion Laboratories, Inc. n-zymes® is a registered trademark of National Enzyme Company.

Does not contain gluten.



PALDFB

designs for health



PaleoMeal®-DF

Natural Berry Flavor



Dietary Supplement

For Professional Use Only

540 Grams

Recommended Use: As a dietary supplement, mix 36 grams (approx. two scoops) in eight ounces of water or any other beverage per day, or as directed by your health care practitioner.

Supplement Facts

Serving Size 36 grams (approx. two scoops)
Servings Per Container 15

Amount Per Serving		% Daily Value		Amount Per Serving		% Daily Value		Amount Per Serving		% Daily Value	
Calories	100			Vitamin B-6	10 mg	500%		L-Glutamine	900 mg	†	
Calories from Fat	11			(as Pyridoxine HCL)				Phosphatidylcholine	840 mg	†	
Total Fat	1 g	2%*		Folate	100 mcg	25%		(from Soy Lecithin)			
Sodium	400 mg	17%		(NatureFolate™ blend)				Creatine	550 mg	†	
Total Carbohydrate	9 g	3%*		Vitamin B-12	50 mcg	833%		(from Creatine MagnaPower®)			
Dietary Fiber	5 g	20%*		(as Methylcobalamin)				Conjugated Linoleic Acid (CLA)	120 mg	†	
Sugars	1 g	†		Biotin (as d-Biotin)	100 mcg	33%		Taurine	100 mg	†	
Protein (from Peatein™)	17 g	34%*		Pantothenic Acid	100 mg	1000%		n-zymes®	50 mg	†	
Vitamin C (as Ascorbic Acid)	100 mg	167%		(as d-Calcium Pantothenate)				Amylase	2200 DU		
Vitamin E		*		Calcium	48 mg	5%		Protease 4.5	5000 HUT		
(Total Natural Tocopherols)	100 mg			(from Peatein™ and Natural Berry Flavor)				Protease 3.0	10.7 SAPU		
as d-gamma	67 mg	*		Iron (from Peatein™)	4 mg	22%		Protease 6.0 (Concentrate)	2000 HUT		
as d-delta	22 mg	*		Magnesium	100 mg	25%		Lactase	400 ALU		
as d-alpha	8 mg/12 IU	40%		(from Creatine MagnaPower®)				Inositol	50 mg	†	
as d-beta	3 mg	*		Zinc	5 mg	33%					
Thiamin (Vitamin B-1)	10 mg	667%		(TRAACS® Zinc Glycinate Chelate)							
(as Thiamine Mononitrate)				Chromium	50 mcg	42%					
Riboflavin (Vitamin B-2)	10 mg	588%		(TRAACS® Chromium Nicotinate							
Niacin (Vitamin B-3)	10 mg	50%		Glycinate Chelate)							
(as Niacinamide)											

*Percent Daily Values are based on a 2,000 calorie diet.
†Daily Value not established.

Other Ingredients: Vegetable fiber, tapioca dextrin, xylitol, natural berry flavor, inulin, vegetable cellulose, natural vanilla flavor, stevia (leaf) extract.



Formulated and distributed by:
Designs for Health, Inc.
980 South Street, Suffield, CT 06078
www.designsforhealth.com

STORE IN A COOL, DRY PLACE.