

Manufactured by: Douglas Laboratories
600 Boyce Road, Pittsburgh, PA 15205
www.douglaslabs.com 1.800.245.4440

Suggested Usage: As a dietary supplement, adults take 1 pack 30 minutes before breakfast and 1 pack 30 minutes before dinner with 8 ounces of water, or as directed by your health professional.

Warning: Not to be taken by pregnant or lactating women. If you have any health condition, particularly liver problems, or are taking any medication, particularly antidepressants or other psychiatric medications, consult your health professional before use.

Relora® is a registered trademark of InterHealth, N.I.

Zychrome® is a trademark of InterHealth N.I.

MERATRIM. Meratrim™ brand proprietary blend of two natural plant extracts.
Meratrim™ is exclusively distributed by InterHealth N.I.

Capsimax. Capsimax™ is a trademark of OmniActive Health Technologies.

SuperCitrimax. SuperCitrimax® and ChromeMate® are registered trademarks of InterHealth N.I.

**U.S. Patent No. US 6,582,735.

†Provides weight management support as part of a healthy lifestyle with a reduced-calorie diet and regular exercise.

KEEP OUT OF THE REACH OF CHILDREN.

Store in a cool, dry place. Use only if safety seal is intact.



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manufacturing
excellence

Gluten-free, Non-GMO

†This statement has not been evaluated by the Food and Drug Administration.
This product is not intended to diagnose, treat, cure, or prevent any disease.

Contents may not fill bottle in order to accommodate required labeling.
Please rely on stated quantity.

Formula #66865 V3

Metabolic Management Pack

Multinutrient Convenience Pack

Dietary Supplement

Support for healthy
weight management††



60 Packs

Supplement Facts

Serving Size 1 Pack
Each Pack Contains 2 Softgels and 3 Capsules
Servings Per Container 60

Amount Per Serving	%DV	Amount Per Serving	%DV
Calories.....9		Relora®.....250 mg	*
Total Fat.....1 g	1% [^]	(a proprietary blend of a patented** extract from <i>Magnolia officinalis</i> (bark) and a proprietary extract from <i>Phellodendron amurense</i> (bark))	
Thiamine.....5 mg	417%	Proprietary Herbal Blend.....200 mg	*
(as thiamine mononitrate)		Green Tea Extract (<i>Camellia sinensis</i> , leaf), <i>Eleutherococcus senticosus</i> (root), Cayenne (fruit), Gotu Kola (aerial parts), Beet Powder (root), Fo-Ti Root Powder (<i>Polygonum multiflorum</i>), Wood Betony (leaf/stem), Guarana Extract (seed) and Kola Nut Extract (<i>Cola acuminata</i> , seed)	
Riboflavin.....5 mg	385%	Green Tea Extract.....0.5 mg	*
Niacin (as niacinamide).....5 mg	31%	(<i>Camellia sinensis</i> , leaf)	
Vitamin B ₆ (as pyridoxine HCl).....5 mg	294%	Capsaicinoids.....0.5 mg	*
Folate (as folic acid).....167 mcg DFE	42%	(from Capsimax™, providing capsaicin, dihydrocapsaicin, nordihydrocapsaicin)	
(100 mcg folic acid)			
Vitamin B ₁₂ (as cyanocobalamin).....50 mcg	2,083%		
Chromium.....200 mcg	571%		
(as Zychrome® and chromium polynicotinate, ChromeMate®)			
Safflower Oil Complex.....1,000 mg	*		
Providing:			
Conjugated Linoleic Acid.....770 mg	*		
Garcinia (<i>Garcinia cambogia</i> ,.....500 mg	*		
dried fruit rind, SuperCitrimax®)			
Supplying:			
Hydroxycitric Acid (HCA).....300 mg	*		
Meratrim™ Proprietary Blend.....400 mg	*		
<i>Sphaerantus indicus</i> (flower heads)			
Extract, <i>Garcinia mangostana</i>			
(fruit rind) Extract			

Other ingredients: Gelatin (capsule), microcrystalline cellulose, hydroxypropyl methylcellulose (capsule), vegetable stearate, silica, magnesium silicate, glycerin, water, carob extract and titanium dioxide