

**SUGGESTED USE:** Adults, as a dietary supplement, take one (1) capsule daily.

**KEEP OUT OF REACH OF CHILDREN.**

**DO NOT USE IF SAFETY SEAL IS BROKEN.**

**IF YOU ARE NURSING, PREGNANT, TAKING MEDICATION OR HAVE A MEDICAL CONDITION, CONSULT YOUR PHYSICIAN BEFORE TAKING THIS PRODUCT.**

Dr. Mercola has been providing quality products since 2001.

10018-v400



# DR. MERCOLA®

## VITAMIN E

**134 mg d-Alpha Tocopherol Per Capsule**

**A BALANCE OF TOCOPHEROLS  
& TOCOTRIENOLS**

**Dietary Supplement**

**30 Capsules**

### Supplement Facts

Serving Size: 1 Capsule

Servings Per Container: 30

	Amount Per Serving	%DV
Vitamin E [as d-Alpha Tocopherol (from Sunflower and Palm Oils)]	134 mg	893%
Tocotrienols [d-Alpha, d-Beta, d-Gamma, d-Delta (from Rice and Palm Oils)]	50 mg	*
Tocopherols [d-Alpha, d-Beta, d-Gamma, d-Delta (from Rice and Palm Oils)]	25 mg	*

\*Daily Value (DV) not established.

**OTHER INGREDIENTS:** Capsule (Hydroxypropyl Methylcellulose), Medium Chain Triglycerides.

**DISTRIBUTED BY:** NHP, 125 SW 3rd Place  
Cape Coral, FL 33991 USA (877) 985-2696



**SOY  
FREE**