

SUGGESTED USE: Adults and children 4 years or older, as a dietary supplement, take one (1) capsule daily with water.

KEEP OUT OF REACH OF CHILDREN.

DO NOT USE IF SAFETY SEAL IS BROKEN.

**CHOKING HAZARD—SMALL CAPSULES.
NOT RECOMMENDED FOR CHILDREN
UNDER 4 YEARS.**

**IF YOU ARE NURSING, PREGNANT,
TAKING MEDICATION OR HAVE A MEDICAL
CONDITION, CONSULT YOUR PHYSICIAN
BEFORE TAKING THIS PRODUCT.**

Dr. Mercola has been providing quality products since 2001.

10184-v200



DR. MERCOLA®

LIPOSOMAL VITAMIN D₃

1,000 IU Per Capsule

Dietary Supplement

30 Capsules

Supplement Facts

Serving Size: 1 Capsule

Servings Per Container: 30

	Amount Per Serving	%Daily Value
Vitamin D ₃ (as Cholecalciferol)	25 mcg (1,000 IU)	125%

OTHER INGREDIENTS: Sunflower Lecithin, Capsule (Hydroxypropyl Methylcellulose), Medium Chain Triglycerides, Sunflower Oil.

DISTRIBUTED BY: NHP, 125 SW 3rd Place
Cape Coral, FL 33991 USA (877) 985-2696