DAVID PERLMUTTER, M.D.



America's Brain-Health Expert, a Board-Certified

Neurologist, #1 New York Times best-selling author, Fellow of the American College of Nutrition, and expert in the human MICROBIOME.

Quickly Digested, Absorbed & Converted into Energy[†]

Medium chain triglycerides (MCTs) are naturally found in coconut oil and are fast fuel for Body and Brain.†

- ▶ 13g of MCTs (including caprylic and capric acids) per serving
- Only from sustainably grown organic coconuts
- No palm oil or other filler oils
- Hexane-Free
- Non-Hydrogenated, Og Trans Fat
- ► Paleo & Ketogenic diet-friendly

[†] These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.



Dr. Formulated

BRAIN HEALTH

$100^{8}\,\mathrm{ORGANIC}$ COCONUT

UNFLAVORED







MEDIUM CHAIN TRIGLYCERIDES

32 FL OZ (946 mL) DIETARY SUPPLEMENT



Suggested Use: Take 1 Tbsp. Try in coffee, shakes, yogurt or on salads. Not intended for cooking.

Supplement Facts

Serving Size 1 Tbsp (about 15mL) Servings Per Container 63

	Amount Per Serving	% Daily Value
Calories	130	
Total Fat	14 g	17%*
Saturated Fat	14 g	70%*
Trans Fat	0 g	+
Polyunsaturated Fat	0 g	+
Monounsaturated Fat	0 g	+
Cholesterol	0 mg	0%
Medium Chain Triglycerides (MCTs)	13 q**	+

8 q**

5 g**

INGREDIENTS: 100% Organic Coconut Medium Chain Triglycerides.

No refrigeration required.

C8:0 - Caprylic Acid

C10:0 - Capric Acid

Keep out of reach of children.

Do not use if safety seal is broken or missing. Contains no artificial colors, flavors, sweeteners

Manufactured in a facility that also processes soy, dairy, tree nuts, fish and shellfish.













Certified

Distributed by Garden of Life LLC

4200 Northcorp Parkway Palm Beach Gardens, FL 33410 USA Certified Organic by QCS

www.gardenoflife.com Product of Sri Lanka. Bottled in Canada.

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^{*} Percent Daily Values are based on a 2,000 calorie diet. +Daily Value not established.

^{**}Naturally occurring