DAVID PERLMUTTER, M.D.



America's Brain-Health Expert, a Board-Certified

Neurologist, #1 New York Times best-selling author. Fellow of the American College of Nutrition, and expert in the human MICROBIOME.

Quickly Digested, Absorbed & Converted into Energy[†]

Medium chain triglycerides (MCTs) are naturally found in coconut oil and are fast fuel for Body and Brain.

- ▶ 13g of MCTs (including caprylic and capric acids) per serving
- Only from sustainably grown organic coconuts
- No palm oil or other filler oils
- Hexane-Free
- Non-Hydrogenated, Og Trans Fat
- Paleo & Ketogenic diet-friendly

† These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.



Dr. Formulated

BRAIN HEALTH

100^{7} organic coconut UNFLAVORED





FAST FUEL for **BODY & BRAIN**[†] **MEDIUM CHAIN** TRIGLYCERIDES

16 FL OZ (473 mL) DIETARY SUPPLEMENT



Suggested Use: Take 1 Tbsp. Try in coffee, shakes, yogurt or on salads. Not intended for cooking.

Supplement Facts

Serving Size 1 Tbsp (about 15mL) Servings Per Container 32

	Amount Per Serving	% Daily Value
Calories	130	
Total Fat	14 g	17%*
Saturated Fat	14 g	70%*
Trans Fat	0 g	+
Polyunsaturated Fat	0 g	+
Monounsaturated Fat	0 g	+
Cholesterol	0 mg	0%
Medium Chain Triglycerides (MCTs)	13 g**	+
C8:0 - Caprylic Acid	8 g**	

5 g**

* Percent Daily Values are based on a 2.000 calorie diet. +Daily Value not established.

INGREDIENTS: 100% Organic Coconut Medium

Chain Triglycerides. **Naturally occurring

No refrigeration required.

C10:0 - Capric Acid

Keep out of reach of children.

Do not use if safety seal is broken or missing. Contains no artificial colors, flavors, sweeteners or preservatives.

Manufactured in a facility that also processes soy, dairy, tree nuts, fish and shellfish.



Certified Gluten-Free

Recyclable Bottle











4200 Northcorp Parkway Palm Beach Gardens, FL 33410 USA Certified Organic by QCS

www.gardenoflife.com

Product of Sri Lanka. Bottled in Canada.

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