

NO MATH. JUST MIX.
70% FAT : 20% PROTEIN : 10% CARBS
Approximation based on calories.

David Perlmutter, M.D., makes following a KETO Diet easy and delicious with our **Keto Fit Weight Loss Shake**.^{†*}

Our **Keto Fit** is formulated with clinically studied ingredients to help make your KETO Diet and exercise program more effective.^{†*}



BURNS FAT[†]
Organic Svetol®
Organic Coffeeberry®
50mg Caffeine



FIGHTS CRAVINGS[†]
Organic Ashwagandha
Organic Grass Fed Butter
with CLA and MCT



SUPPORTS DIGESTION[†]
1.5 Billion CFU
Probiotics



TRULY GRASS FED



TRULY CLEAN



rBST, rBGH and Antibiotic Free



SHAKE with
water.



BLEND in
smoothies.



USE in
baking.

Made with vanilla flavors.

Learn more about the Keto Diet and our farms from David Perlmutter, M.D., Board Certified Neurologist @ www.gardenoflife.com/keto.

[†]These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.



Dr. Formulated
KETO

KETO FIT

WEIGHT LOSS SHAKE*

BURNS FAT & FIGHTS CRAVINGS[†]

**70%
FAT**

**20%
PROTEIN**

**10%
CARBS**



VANILLA



GRASS FED BUTTER & WHEY • STUDIED INGREDIENTS • PROBIOTICS
50MG OF NATURALLY OCCURRING CAFFEINE

10 SERVINGS

NET WT 12.52 oz (355 g) DIETARY SUPPLEMENT ©

Supplement Facts

Serving Size (35.5g) (about 2 Scoops)
Servings Per Container 10

	Amount Per Serving	% Daily Value
Calories	210	
Total Fat	16 g	21% [†]
Saturated Fat	11 g	55%
Cholesterol	50 mg	17%
Total Carbohydrate	5 g	2% [†]
Dietary Fiber	4 g	14% [†]
Total Sugars	1 g	+
Includes 0g Added Sugars		0%
Protein	10 g	20% [†]
Vitamin A (from retinol, beta carotene)	220 mcg	24%
Vitamin E	0.3 mg	2%
Calcium	104 mg	8%
Iron	0.3 mg	2%
Iodine	10.5 mcg	7%
Magnesium	21 mg	5%
Selenium	2.75 mcg	5%
Chromium	3.5 mcg	10%
Molybdenum	4.5 mcg	10%
Sodium	120 mg	5%
Potassium	282 mg	6%

Organic Grass Fed Butter Powder

Organic Grass Fed Butter,
Organic Grass Fed Nonfat Milk

Truly Grass Fed™ Whey Protein Isolate 11.4 g +

Weight Loss Blend

Organic Svetol® (Naturally
Decaffeinated Green Coffee
Bean Extract) 450 mg
Organic Ashwagandha 300 mg
Organic Coffeeberry® Whole
Coffee Fruit Extract (Standardized
to 70% Caffeine) 72 mg

Lactobacillus plantarum (1.5 Billion CFU) 10 mg +

[†]Percent Daily Values based on a 2,000 calorie diet.
+Daily Value not established.

Other Ingredients: Organic Vanilla Flavors, Sea Salt,
Organic Stevia Extract (leaf).
Contains: Milk.

Suggested Use: Mix 2 scoops in 10oz of water (scoop included).
Not intended for children.

All nutrients are naturally occurring. This product has not been
fortified with vitamins or minerals.

Contains 50mg of naturally occurring caffeine per serving.

For freshest flavor, refrigerate after opening and consume within
30 days. May also be stored in a cool, dry place.

CAUTION: As with any dietary supplement, consult your healthcare
practitioner before using this product, especially if you are pregnant,
nursing, anticipate surgery, take medication on a regular basis or are
otherwise under medical supervision.

Keep out of reach of children.

Do not use if safety seal is broken or missing.

Made without soy ingredients, added sugars, filler
ingredients, nor artificial colors, flavors, sweeteners
or preservatives. Manufactured in a facility that also
processes egg, soy and tree nuts.



Organic Svetol® is a registered
trademark of Naturex, Inc.



Coffeeberry® is a registered
trademark of VDF FutureCeuticals, Inc.

MINIMUM FILL LINE

The density of the powdered ingredients in this
product naturally vary from lot to lot and require
space in the container at the time of packaging.
Over time, the powders settle, causing the container
to appear less full than when it was first packaged.
This product is sold by weight and not by volume.

Certified



Corporation

Certified by the
nonprofit B Lab
to meet rigorous
standards of social
and environmental
performance,
accountability
and transparency.



Distributed by Garden of Life LLC

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other countries.
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