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product info

L02397D

Read the entire label and follow the directions carefully prior to use.

**DIRECTIONS:** Take two (2) tablets, preferably early in the day, or as recommended by a healthcare practitioner.

**CAUTION:** Do not use if you are of childbearing age, pregnant or planning to become pregnant.

**WARNING:** NOT FOR USE BY INDIVIDUALS UNDER THE AGE OF 18 YEARS. DO NOT USE IF PREGNANT OR NURSING. Consult a physician or licensed qualified health care professional before using this product if you have, or have a family history of breast cancer, prostate cancer, prostate enlargement, heart disease, low "good" cholesterol (HDL), or if you are using any other dietary supplement, prescription drug, or over-the-counter drug. Do not exceed recommended serving. Exceeding recommended serving may cause serious adverse health effects. Possible side effects include acne, hair loss, hair growth on the face (in women), aggressiveness, irritability, and increased levels of estrogen. Discontinue use and call a physician or licensed qualified health care professional immediately if you experience rapid heartbeat, dizziness, blurred vision, or other similar symptoms. Do not take this product if you have a history of seizures. **KEEP OUT OF REACH OF CHILDREN.** Do not purchase if outer seal is broken or damaged.

Store tightly closed in a cool, dry place.

**WARNINGS:**

- DO NOT EXCEED RECOMMENDED DOSE.
- When using nutritional supplements, please consult with your physician if you are undergoing treatment for a medical condition.

SIBELIUS is a trademark of Sibelius Limited. CHRONOSCREEN is a trademark of Chronos Therapeutics Limited. AuroraBlue® is a registered trademark of Denali BioTechnologies, Inc. Sensoril® is protected under US Patent Nos. 6,153,198 and 6,173,092 and is a registered trademark of Natreon, Inc.



**LIFE  
EXTENSION®**

# Cognitex® Elite Pregnenolone



GLUTEN FREE



**Comprehensive Support  
for Brain Health\***

**60**

**VEGETARIAN  
TABLETS**

**DIETARY  
SUPPLEMENT**

## Supplement Facts

Serving Size 2 Vegetarian Tablets • Servings Per Container 30

| Amount Per Serving                                                                                                                                                                                                                                                                                     | % Daily Value |
|--------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|---------------|
| SIBELIUS™: SAGE extract (leaf)<br>[std. to 2.5% rosmarinic acid]                                                                                                                                                                                                                                       | 333 mg **     |
| AuroraBlue® Wildcrafted blueberry complex<br>[Alaska blueberry ( <i>Vaccinium alaskaense</i> How.),<br>Oval-leaf blueberry ( <i>Vaccinium ovalifolium</i> Sm.),<br>Alpine blueberry ( <i>Vaccinium uliginosum</i> L.),<br>Dwarf bilberry ( <i>Vaccinium cespitosum</i> Michx)],<br>(fruit, leaf, stem) | 200 mg **     |
| Sensoril® ashwagandha extract (root, leaf)<br>[std. to 10% withanolide glycoside conjugates]                                                                                                                                                                                                           | 125 mg **     |
| Phosphatidylserine                                                                                                                                                                                                                                                                                     | 100 mg **     |
| Pregnenolone                                                                                                                                                                                                                                                                                           | 50 mg **      |
| Uridine-5'-Monophosphate, disodium                                                                                                                                                                                                                                                                     | 50 mg **      |
| Vinpocetine                                                                                                                                                                                                                                                                                            | 20 mg **      |

\*\*Daily Value not established.

Other ingredients: microcrystalline cellulose, croscarmellose sodium, maltodextrin, stearic acid, silica, aqueous film coating (hypromellose, glycerin, purified water).

Manufactured for: **Quality Supplements and Vitamins, Inc.**  
Ft. Lauderdale, Florida 33309 • [LifeExtension.com](http://LifeExtension.com)  
To report any adverse events contact 1-800-332-1088.

**\*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.**