



Eye Health[†]



Foundational



Healthy Aging[†]

SUGGESTED USE: Take 4-8 capsules daily or as recommended by your health-care practitioner.

TAMPER EVIDENT: Use only if bottle is sealed. Store tightly sealed in a cool, dry place.

If pregnant, consult your health-care practitioner before using this product.



GLUTEN FREE

[This product uses Gnosis S.p.A.'s L-5-Methyltetrahydrofolate Acid, Glucosamine Salt (Quatrefolic®). Quatrefolic is a registered trademark of Gnosis S.p.A. ††This product uses Albion's DimaCalc® DiCalcium Malate. DimaCalc is a registered trademark of Albion International, Inc. †††This product uses Albion® DiMagnesium Malate. Albion is a registered trademark of Albion International, Inc. ††††This product uses Albion's TRAACS® Chromium Nicotinate Glycinate Chelate, Copper Bisglycinate Chelate, Manganese Bisglycinate Chelate, and Zinc Bisglycinate Chelate. TRAACS is a registered trademark of Albion International, Inc. †††††This product uses Indena S.p.A.'s bilberry extract (Mirtoselect®). Mirtoselect is a registered trademark of Indena S.p.A. ††††††This product contains ChromaDex Inc.'s proprietary Nicotinamide Riboside ingredient, Nagen®. Nagen is a registered trademark of ChromaDex, Inc. Patent: See ChromaDexPatents.com ††††††††This product uses Albion's Bioorganic™ Boron Glycinate Complex. Bioorganic is a trademark of Albion International, Inc.

[†]This statement has not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.

THORNE®

Advanced Nutrients

DIETARY SUPPLEMENT

240
CAPSULES

SUPPLEMENT FACTS

Serving Size: Eight Capsules

Servings Per Container: 30

Eight Capsules Contain:		%DV	Eight Capsules Contain:		%DV
Vitamin A (375 mcg from Beta Carotene and 750 mcg as Palmitate)	1,125 mcg	125%	Magnesium (as Albion® DiMagnesium Malate)†††	250 mg	60%
Vitamin C (as Ascorbic Acid)	800 mg	944%	Zinc (as TRAACS® Zinc Bisglycinate Chelate)††††	15 mg	130%
Vitamin D (as Vitamin D3 (2,000 IU))	50 mcg	250%	Selenium (as L-Selenomethionine)	200 mcg	304%
Vitamin E (200 IU as d-Alpha Tocopherol from Mixed Tocopherols)	134 mcg	893%	Copper (as TRAACS® Copper Bisglycinate Chelate)†††††	1.5 mg	167%
Vitamin K (50 mcg as Vitamin K1 and 50 mcg as Vitamin K2 as MK-7)	100 mcg	82%	Manganese (as TRAACS® Manganese Bisglycinate Chelate)†††††	6 mg	261%
Thiamin (as Thiamin HCl)	40 mg	3,333%	Chromium (as Chromium Nicotinate Glycinate Chelate)†††††	200 mcg	571%
Riboflavin (as Riboflavin 5'-Phosphate Sodium)	10 mg	769%	Quercetin Phytosome (Sophora japonica extract (flower)/ Phospholipid complex from Sunflower)		
Niacin (130 mg as Nicotinamide and 30 mg as Niacin)	160 mg	1,000%		100 mg	*
Vitamin B6 (as Pyridoxal 5'-Phosphate)	10 mg	588%	Bilberry extract (fruit) (Vaccinium myrtillus)†††††	80 mg	*
Folate (1 mcg as L-5-Methyltetrahydrofolate from L-5-Methyltetrahydrofolate Acid, Glucosamine Salt)	1.7 mcg DFE	425%	Nicotinamide Riboside Chloride††††††	25 mg	*
Vitamin B12 (as Methylcobalamin)	450 mcg	18,750%	Trans-Resveratrol	25 mg	*
Biotin	400 mcg	1,333%	Mixed Carotenoids (1 mcg as Lutein, 1 mcg as Zeaxanthin, 1 mcg as Zeaxanthin, and 1 mcg as Lycopene)		
Pantothenic Acid (as Calcium Pantothenate)	450 mg	9,000%		4 mcg	*
Choline (as Choline Citrate)	35 mg	8%	Boron (as Bioorganic™ Boron Glycinate Complex)†††††††	3 mg	*
Calcium (as DimaCalc® DiCalcium Malate)††	250 mg	10%	*Daily Value (DV) not established.		
Iodine (as Potassium Iodide)	225 mcg	150%			

Other Ingredients: Hypromellose (derived from cellulose) capsule, Microcrystalline Cellulose, Calcium Lactate, Silicon Dioxide.

manufactured by: THORNE RESEARCH, INC., 1-800-328-1966



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