## 400 mg • 30 Enteric Coated Tablets

DIRECTIONS: Take one (1) tablet two to three times daily in divided doses, preferably on an empty stomach, or as recommended by a healthcare practitioner. Take with co-factors vitamins B12\_B6 and folic acid.

CAUTION: SAMe should not be taken by those diagnosed with bipolar disorder.

Store in a cool dry place.



# WARNINGS KEEP OUT OF REACH OF CHILDREN.

- DO NOT EXCEED RECOMMENDED DOSE.
- Do not purchase if foil is broken or damaged.
- When using nutritional supplements, please consult with your physician if you are undergoing treatment for a medical condition or if you are pregnant or lactating.

\*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.



SAMe has multiple mechanisms of action that are used throughout the body?

### Brain and Mood

and facilitates youthful DNA
enzymatic actions. These enzymatic
actions are required for the healthy
conversion of neurotransmitters
such as norepinephrine, dopamine,
and serotonin and may account for
SAMe's mood elevating properties.
SAMe also helps maintain
acetylcholine levels which are
pressure for consultive furnition.\*

### Liver and Detox

In order to perform its detoxification to the liver continually perform large numbers of complex enzymatic reactions. SAMe facilitates healthy methylation enzymatic processes and boosts hepatic levels of glutathione, a

### Joint

SAMe can support healthy joint mobility and function without side



# SAMe 400 mg S-Adenosyl-Methionine

Supports Joints and Emotional Well-Being



nitol, citric acid, titanium dioxide, stearic acid, silica, hydroxypropyl methylcellulose, glyceryl triacetate sodium starch glycolate, croscarmellose sodium, yellow ochre.

Supplement Facts

Amount Per Serving % Daily Value S-Adenosyl- 400 mg \*\*

Methionine

\*\*Daily value not established.

Other Ingredients: cellulose.

Pka02176B

Quality Supplements and Vitamins, Inc Ft. Lauderdale, Ft. 33309 LifeExtension.com To report a serious adverse event or

1-866-280-2852.

20 ENTERIC

DIETARY SUPPLEMENT