

designs for health



**Recommended Use:** As a dietary supplement, take one quarter to one teaspoon per day or as directed by your health care practitioner.

This product does not contain wheat, yeast, soy, gluten, eggs, dairy, corn, artificial colors, flavors, sugars, or preservatives.



Uniquely formulated and distributed by:  
**Designs for Health, Inc.**  
2 North Road, East Windsor, CT 06088

**Report any adverse reactions to 860-623-6314**

## Inositol Powder

### Dietary Supplement

250 Grams

### Supplement Facts

Serving Size 1/4 teaspoon (.7 grams)  
Servings Per Container 357

Amount Per Serving	% Daily Value
Inositol	700 mg *

\*Daily Value not established.

**STORE IN A COOL, DRY PLACE. KEEP OUT OF REACH OF CHILDREN.**



INO250

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