



St John's Wort

Derived from *Hypericum perforatum L.*
(aerial)

Caution: Do not use this product if
you are currently taking MAO Inhibitors
or SSRIs (such as Prozac).

Storage: Keep dry, cool & dark

100g (3.53oz)

Lot Number:

Date of manufacture

Supplement Facts

Serving Size 600 milligrams

Servings per container: about 166

Amount Per Serving	% Daily Value**
St. Johns Wort (from Hypericum perforatum) 600mg	*
Hypericin 2 mg	*

* Daily Value not established.

** Based on 2,000 calorie diet.

Other Ingredients: maltodextrin to prevent clumping.

Free of: soy, dairy, yeast and gluten.

Directions: As a dietary supplement, take 600 mg (rounded
3/8 tsp) one to two times a day, or as directed by a physician.

US Standard Measuring Spoons

Spoon Size (level)	milligrams
1/8 teaspoon	187
1/4 teaspoon	375
1/2 teaspoon	751

Warning: This product is not intended for use by those with
a serious medical condition or pregnant or lactating women.
Consult your physician before use. Keep out of reach of
children.

These statements have not been evaluated by the Food and Drug Administration.
This product is not intended to diagnose, treat, cure or prevent any disease.