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Manufactured for:
Quality Supplements and
Vitamins, Inc.
FL Lauderdale, FL 33309

LifeExtension.com

To report a serious adverse
event or obtain product
information, contact

1-866-280-2852.

⚠ **WARNING:** Reproductive Harm -
www.P65Warnings.ca.gov.

Pkg02498CA

Once-Daily Health Booster*

Supplement Facts

Serving Size 1 Softgel		
Amount Per Serving	% Daily Value	
Vitamin E (as D-alpha tocopherol)	30.2 mg	201%
Vitamin K activity from:	3735 mcg	3113%
Vitamin K1 (as phytonadione)	2000 mcg	
Vitamin K2 (as menaquinone-4)	1500 mcg	
Vitamin K2 (as menaquinone-7)	11 mcg	
Vitamin K2 (as trans-menaquinone-7)	181 mcg	
Vitamin K2 (as menaquinone-9)	43 mcg	
MacuGuard® proprietary blend: phospholipids, marigold extract (flower) [providing 10 mg free lutein, 4 mg meso-zeaxanthin & trans-zeaxanthin], mixed carotenoids [providing 1.24 mg α-carotene]	173 mg	**
Chlorophyllin (as sodium magnesium chlorophyllin)	100 mg	**
Mixed tocotrienols	55 mg	**
Saffron extract (stigma)	20 mg	**
Lycopene proprietary blend [from micronized lycopene and Lyc-O-Mato® natural tomato extract (fruit)]	10 mg	**
**Daily Value not established.		

Other Ingredients: flax seed oil, gelatin, glycerin, microcrystalline cellulose, purified water, safflower oil, corn oil, beeswax, palm oil, silica, acacia gum, carob color, maltodextrin.

Curcumin Elite™ Turmeric Extract

Supplement Facts

Serving Size 1 Vegetarian Capsule		
Amount Per Serving	% Daily Value	
Curcumin Elite™ Proprietary CGM blend providing 40% curcuminoids (200 mg) and 3% turmerones (15 mg) [from turmeric (rhizome)], 30% galactomannans (150 mg) [from fenugreek (seed)]	500 mg	**
**Daily Value not established.		

Other ingredients: microcrystalline cellulose, vegetable cellulose (capsule), vegetable stearate, silica.

Two-Per-Day Capsules

Supplement Facts

Serving Size 2 Capsules • Servings Per Container 30		
Amount Per Serving	% Daily Value	
Vitamin A (as beta-carotene, acetate) (5,000 IU)	1500 mcg*	167%
Vitamin C (as ascorbic acid, calcium and niacinamide ascorbates)	470 mg	522%
Vitamin D3 (as cholecalciferol) (2,000 IU)	50 mcg	250%
Vitamin E (as D-alpha tocopheryl succinate, D-alpha tocopherol)	67 mg	447%
Thiamine (vitamin B1) (as thiamine HCl)	75 mg	6250%
Riboflavin (vitamin B2) (as riboflavin, riboflavin 5'-phosphate)	50 mg	3846%
Niacin (as niacinamide, niacinamide ascorbate)	50 mg*	313%
Vitamin B6 (as pyridoxine HCl, pyridoxal 5'-phosphate)	75 mg	4412%
Folate (as L-5-methyltetrahydrofolate calcium salt)	400 mcg*	100%
Vitamin B12 (as methylcobalamin)	300 mcg	12500%
Biotin	300 mcg	1000%
Pantothenic acid (as D-calcium pantothenate)	50 mg	1000%
Iodine (as potassium iodide)	150 mcg	100%
Magnesium (as magnesium oxide)	100 mg	24%
Zinc (as zinc citrate, L-OptiZinc® zinc mono-L-methionine sulfate)	25 mg	227%
Selenium [as sodium selenite, SelenoExcel® high selenium yeast, Se-methyl L-selenocysteine]	200 mcg	384%
Manganese (as manganese citrate, gluconate)	2 mg	87%
Chromium [as Crominex® 3+ chromium stabilized with Capros® amla extract (fruit), PrimaVie® Shilajit]	200 mcg	571%
Molybdenum (as molybdenum amino acid chelate)	100 mcg	222%
Inositol	50 mg	**
Alpha lipoic acid	25 mg	**
Natural mixed tocopherols (providing gamma, delta, alpha, beta)	20 mg	**
Bio-Quercetin phytosome (providing 5 mg quercetin [from Japanese sophora concentrate (flower bud)], phosphatidylcholine complex [from sunflower])	15 mg	**
Marigold extract (flower) [std. to 5 mg trans-lutein, 155 mcg trans-zeaxanthin]	11.12 mg	**
Apigenin	5 mg	**
Boron (as boron amino acid chelate)	3 mg	**
Lycopene [from Lycobeads® natural tomato extract (fruit)]	1 mg	**
**Daily Value not established. RAE (retinol activity equivalents). *DFE (dietary folate equivalents). *NE (niacin equivalents).		

Other ingredients: vegetable cellulose (capsule), starch, maltodextrin, vegetable stearate, dicalcium phosphate, silica, microcrystalline cellulose.



Comprehensive Nutrient Packs ADVANCED



Daily Supply of Key Nutrients in Convenient Packets

30 PACKETS

DIETARY
SUPPLEMENT

Super Ubiquinol CoQ10 Enhanced Mitochondrial Support™

Supplement Facts

Serving Size 1 Softgel		
Amount Per Serving	% Daily Value	
Calories	5	
Total Fat	0.5 g	1%†
Ubiquinol (as Kaneka Ubiquinol™)	100 mg	**
PrimaVie® Shilajit fulvic acid complex	100 mg	**
**Daily Value not established. †Based on a 2,000 calorie per day diet.		

Other ingredients: sunflower oil, gelatin, glycerin, purified water, beeswax, sunflower lecithin, annatto color.

Super Omega-3 EPA/DHA Fish Oil, Sesame Lignans & Olive Extract

Supplement Facts

Serving Size 2 Softgels • Servings Per Container 30		
Amount Per Serving	% Daily Value	
Calories	25	
Total Fat	2.5 g	4%†
Cholesterol	<5 mg	2%†
Pure+™ Wild Fish Oil Concentrate	2000 mg	**
Yielding: EPA (eicosapentaenoic acid)	700 mg	**
DHA (docosahexaenoic acid)	500 mg	**
Polyphen-Oil™ Olive extract (fruit and leaf) [providing 19.5 mg polyphenols, 5.2 mg hydroxytyrosol/tyrosol, 4.4 mg verbascoside/oleuropein]	300 mg	**
Sesame seed lignan extract	10 mg	**
**Daily Value not established. †% Daily Value is based on a 2000 calorie diet.		

Other ingredients: highly refined fish oil concentrate (Anchovy), gelatin, glycerin, purified water, silica, beeswax, caramel color, natural flavor, sunflower lecithin, mixed tocopherols, maltodextrin, rosemary extract.

DIRECTIONS: Take one (1) packet daily with a meal, or as recommended by a healthcare practitioner. To ensure product consistency, store tightly closed in a cool, dry place.

CAUTION: Individuals consuming more than 50 mcg (2,000 IU) of vitamin D (from diet and supplements) should periodically obtain a serum 25-hydroxy vitamin D measurement. Vitamin D supplementation is not recommended for individuals with high blood calcium levels. If you are taking Warfarin (Coumadin®) or related medications, consult your healthcare provider before taking this product.

WARNINGS:

- KEEP OUT OF REACH OF CHILDREN.
- DO NOT EXCEED RECOMMENDED DOSE.
- Do not purchase if outer seal is broken or damaged.
- When using nutritional supplements, please consult with your physician if you are undergoing treatment for a medical condition or if you are pregnant or lactating.

*These statements have not been evaluated by the Food and Drug Administration. These products are not intended to diagnose, treat, cure, or prevent any disease.

