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Manufactured for:
Quality Supplements and Vitamins, Inc.
Ft. Lauderdale, FL 33309

LifeExtension.com

To report a serious adverse event or obtain product information, contact

1-866-280-2852.

⚠ **WARNING:** Reproductive Harm - www.P65Warnings.ca.gov.

Pkg02498CA

Once-Daily Health Booster*

Supplement Facts

Serving Size 1 Softgel

Amount Per Serving		% Daily Value
Vitamin E (as D-alpha tocopherol)	30.2 mg	201%
Vitamin K activity from:	3735 mcg	3113%
Vitamin K1 (as phytonadione)	2000 mcg	
Vitamin K2 (as menaquinone-4)	1500 mcg	
Vitamin K2 (as menaquinone-6)	11 mcg	
Vitamin K2 (as *trans*-menaquinone-7)	181 mcg	
Vitamin K2 (as menaquinone-9)	43 mcg	
MacuGuard® proprietary blend: phospholipids, marigold extract (flower) [providing 10 mg free lutein, 4 mg *meso*-zeaxanthin & *trans*-zeaxanthin], mixed carotenoids [providing 1.24 mg α-carotene]	173 mg	**
Chlorophyllin (as sodium magnesium chlorophyllin)	100 mg	**
Mixed tocotrienols	55 mg	**
Saffron extract (stigma)	20 mg	**
Lycopene proprietary blend [from micronized lycopene and Lyc-O-Mato® natural tomato extract (fruit)]	10 mg	**

**Daily Value not established.

Other Ingredients: flax seed oil, gelatin, glycerin, microcrystalline cellulose, purified water, safflower oil, corn oil, beeswax, palm oil, silica, acacia gum, carob color, maltodextrin.

Curcumin Elite™ Turmeric Extract

Supplement Facts

Serving Size 1 Vegetarian Capsule

Amount Per Serving	% Daily Value
Curcumin Elite™ Proprietary CGM blend providing 40% curcuminoids (200 mg) and 3% turmerones (15 mg) [from turmeric (rhizome)], 30% galactomannans (150 mg) [from fenugreek (seed)] 500 mg	**

**Daily Value not established.

Other ingredients: microcrystalline cellulose, vegetable cellulose (capsule), vegetable stearate, silica.

Two-Per-Day Capsules

Supplement Facts

Serving Size 2 Capsules • Servings Per Container 30

Amount Per Serving		% Daily Value
Vitamin A (as beta-carotene, acetate) (5,000 IU)	1500 mcg*	167%
Vitamin C (as ascorbic acid, calcium and niacinamide ascorbates)	470 mg	522%
Vitamin D3 (as cholecalciferol) (2,000 IU)	50 mcg	250%
Vitamin E (as D-alpha tocopheryl succinate, D-alpha tocopherol)	67 mg	447%
Thiamine (vitamin B1) (as thiamine HCl)	75 mg	6250%
Riboflavin (vitamin B2) (as riboflavin, riboflavin 5'-phosphate)	50 mg	3846%
Niacin (as niacinamide, niacinamide ascorbate)	50 mg*	313%
Vitamin B6 (as pyridoxine HCl, pyridoxal 5'-phosphate)	75 mg	4412%
Folate (as L-5-methyltetrahydrofolate calcium salt)	400 mcg†	100%
Vitamin B12 (as methylcobalamin)	300 mcg	12500%
Biotin	300 mcg	1000%
Pantothenic acid (as D-calcium pantothenate)	50 mg	1000%
Iodine (as potassium iodide)	150 mcg	100%
Magnesium (as magnesium oxide)	100 mg	24%
Zinc (as zinc citrate, L-OptiZinc® zinc mono-L-methionine sulfate)	25 mg	227%
Selenium [as sodium selenite, SelenoExcell® high selenium yeast, Se-methyl L-selenocysteine]	200 mcg	364%
Manganese (as manganese citrate, gluconate)	2 mg	87%
Chromium [as Crominex® 3+ chromium stabilized with Capros® amla extract (fruit), PrimaVie® Shilajit]	200 mcg	571%
Molybdenum (as molybdenum amino acid chelate)	100 mcg	222%
Inositol	50 mg	**
Alpha lipoic acid	25 mg	**
Natural mixed tocopherols (providing gamma, delta, alpha, beta)	20 mg	**
Bio-Quercetin phytosome (providing 5 mg quercetin [from Japanese sophora concentrate (flower bud)], phosphatidylcholine complex [from sunflower])	15 mg	**
Marigold extract (flower) [std. to 5 mg *trans*-lutein, 155 mcg *trans*-zeaxanthin]	11.12 mg	**
Apigenin	5 mg	**
Boron (as boron amino acid chelate)	3 mg	**
Lycopene [from LycoBeads® natural tomato extract (fruit)]	1 mg	**

**Daily Value not established.
†RAE (retinol activity equivalents). *DFE (dietary folate equivalents). *NE (niacin equivalents).

Other ingredients: vegetable cellulose (capsule), starch, maltodextrin, vegetable stearate, dicalcium phosphate, silica, microcrystalline cellulose.

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LIFE EXTENSION®

Comprehensive Nutrient Packs ADVANCED

NON GMO LE CERTIFIED

Daily Supply of Key Nutrients in Convenient Packets

30 PACKETS | DIETARY SUPPLEMENT

Super Ubiquinol CoQ10 Enhanced Mitochondrial Support™

Supplement Facts

Serving Size 1 Softgel

Amount Per Serving	% Daily Value
Calories	5
Total Fat 0.5 g	1%†
Ubiquinol (as Kaneka Ubiquinol™) 100 mg	**
PrimaVie® Shilajit fulvic acid complex 100 mg	**

**Daily Value not established. †Based on a 2,000 calorie per day diet.

Other ingredients: sunflower oil, gelatin, glycerin, purified water, beeswax, sunflower lecithin, annatto color.

Super Omega-3 EPA/DHA Fish Oil, Sesame Lignans & Olive Extract

Supplement Facts

Serving Size 2 Softgels • Servings Per Container 30

Amount Per Serving		% Daily Value
Calories	25	
Total Fat	2.5 g	4%†
Cholesterol	<5 mg	2%†
Pure+™ Wild Fish Oil Concentrate	2000 mg	**
Yielding: EPA (eicosapentaenoic acid)	700 mg	**
DHA (docosahexaenoic acid)	500 mg	**
Polyphen-Oil™ Olive extract (fruit and leaf) [providing 19.5 mg polyphenols, 5.2 mg hydroxytyrosol/tyrosol, 4.4 mg verbascoside/oleuropein]	300 mg	**
Sesame seed lignan extract	10 mg	**

**Daily Value not established.
†% Daily Value is based on a 2000 calorie diet.

Other ingredients: highly refined fish oil concentrate (Anchovy), gelatin, glycerin, purified water, silica, beeswax, caramel color, natural flavor, sunflower lecithin, mixed tocopherols, maltodextrin, rosemary extract.

DIRECTIONS: Take one (1) packet daily with a meal, or as recommended by a healthcare practitioner. To ensure product consistency, store tightly closed in a cool, dry place.

CAUTION: Individuals consuming more than 50 mcg (2,000 IU)/day of vitamin D (from diet and supplements) should periodically obtain a serum 25-hydroxy vitamin D measurement. Vitamin D supplementation is not recommended for individuals with high blood calcium levels. If you are taking Warfarin (Coumadin®) or related medications, consult your healthcare provider before taking this product.

WARNINGS:

- **KEEP OUT OF REACH OF CHILDREN.**
- **DO NOT EXCEED RECOMMENDED DOSE.**
- **Do not purchase if outer seal is broken or damaged.**
- **When using nutritional supplements, please consult with your physician if you are undergoing treatment for a medical condition or if you are pregnant or lactating.**

***These statements have not been evaluated by the Food and Drug Administration. These products are not intended to diagnose, treat, cure, or prevent any disease.**