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### Once-Daily Health Booster\*

## Supplement Facts

Amount Per Serving	% Daily Value
Serving Size 1 Softgel	
Vitamin E (as D-alpha tocopherol)	30.2 mg 201%
Vitamin K activity from:	
Vitamin K1 (as phytonadione)	2000 mcg
Vitamin K2 (as menaquinone-4)	1500 mcg
Vitamin K2 (as menaquinone-7)	11 mcg
Vitamin K2 (as trans-menaquinone-7)	181 mcg
Vitamin K2 (as menaquinone-9)	43 mcg
MacuGuard® proprietary blend: phospholipids, marigold extract (flower) [providing 10 mg free lutein, 4 mg meso-zeaxanthin & trans-zeaxanthin], mixed carotenoids [providing 1.24 mg α-carotene]	173 mg **
Chlorophyllin (as sodium magnesium chlorophyllin)	100 mg **
Mixed tocotrienols	55 mg **
Saffron extract (stigma)	20 mg **
Lycopene proprietary blend [from micronized lycopene and Lyc-O-Mato® natural tomato extract (fruit)]	10 mg **

\*\*Daily Value not established.  
Other Ingredients: flax seed oil, gelatin, glycerin, microcrystalline cellulose, purified water, safflower oil, corn oil, beeswax, palm oil, silica, acacia gum, carob color, maltodextrin.

### Curcumin Elite™ Turmeric Extract

## Supplement Facts

Amount Per Serving	% Daily Value
Serving Size 1 Vegetarian Capsule	
Curcumin Elite™ Proprietary CGM blend providing 40% curcuminoids (200 mg) and 3% turmerones (15 mg) [from turmeric (rhizome)], 30% galactomannans (150 mg) [from fenugreek (seed)]	500 mg **

\*\*Daily Value not established.  
Other ingredients: microcrystalline cellulose, vegetable cellulose (capsule), vegetable stearate, silica.

### Two-Per-Day Capsules

## Supplement Facts

Amount Per Serving	% Daily Value
Serving Size 2 Capsules • Servings Per Container 30	
Vitamin A (as beta-carotene, acetate) (5,000 IU)	1500 mcg* 167%
Vitamin C (as ascorbic acid, calcium and niacinamide ascorbates)	470 mg 522%
Vitamin D3 (as cholecalciferol) (2,000 IU)	50 mcg 250%
Vitamin E (as D-alpha tocopheryl succinate, D-alpha tocopherol)	67 mg 447%
Thiamine (vitamin B1) (as thiamine HCl)	75 mg 6250%
Riboflavin (vitamin B2) (as riboflavin 5'-phosphate)	50 mg 3846%
Niacin (as niacinamide, niacinamide ascorbate)	50 mg* 313%
Vitamin B6 (as pyridoxine HCl, pyridoxal 5'-phosphate)	75 mg 4412%
Folate (as L-5-methyltetrahydrofolate calcium salt)	400 mcg* 100%
Vitamin B12 (as methylcobalamin)	300 mcg 12500%
Biotin	300 mcg 1000%
Pantothenic acid (as D-calcium pantothenate)	50 mg 1000%
Iodine (as potassium iodide)	150 mcg 100%
Magnesium (as magnesium oxide)	100 mg 24%
Zinc (as zinc citrate, L-OptiZinc® zinc mono-L-methionine sulfate)	25 mg 227%
Selenium [as sodium selenite, SelenoExcell® high selenium yeast, Se-methyl L-selenocysteine]	200 mcg 364%
Manganese (as manganese citrate, gluconate)	2 mg 87%
Chromium [as Crominex® 3+ chromium stabilized with Capros® amia extract (fruit), PrimaVie® Shilajit]	200 mcg 571%
Molybdenum (as molybdenum amino acid chelate)	100 mcg 222%
Inositol	50 mg **
Alpha lipoic acid	25 mg **
Natural mixed tocopherols (providing gamma, delta, alpha, beta)	20 mg **
Bio-Quercetin phytosome (providing 5 mg quercetin [from Japanese sophora concentrate (flower bud)], phosphatidylcholine complex [from sunflower])	15 mg **
Marigold extract (flower) [std. to 5 mg trans-lutein, 155 mcg trans-zeaxanthin]	11.12 mg **
Apigenin	5 mg **
Boron (as boron amino acid chelate)	3 mg **
Lycopene [from LycopBeads® natural tomato extract (fruit)]	1 mg **

\*\*Daily Value not established.  
\*RAE (retinol activity equivalents). \*DFE (dietary folate equivalents). \*NE (niacin equivalents).  
Other ingredients: vegetable cellulose (capsule), starch, maltodextrin, vegetable stearate, dicalcium phosphate, silica, microcrystalline cellulose.



# Comprehensive Nutrient Packs ADVANCED



## Daily Supply of Key Nutrients in Convenient Packets

30 PACKETS

DIETARY  
SUPPLEMENT

### Super Ubiquinol CoQ10 Enhanced Mitochondrial Support™

## Supplement Facts

Amount Per Serving	% Daily Value
Serving Size 1 Softgel	
Calories	5
Total Fat	0.5 g 1%†
Ubiquinol (as Kaneka Ubiquinol™)	100 mg **
PrimaVie® Shilajit fulvic acid complex	100 mg **

\*\*Daily Value not established. †Based on a 2,000 calorie per day diet.  
Other ingredients: sunflower oil, gelatin, glycerin, purified water, beeswax, sunflower lecithin, annatto color.

### Super Omega-3 EPA/DHA Fish Oil, Sesame Lignans & Olive Extract

## Supplement Facts

Amount Per Serving	% Daily Value
Serving Size 2 Softgels • Servings Per Container 30	
Calories	25
Total Fat	2.5 g 4%†
Cholesterol	<5 mg 2%†
Pure+™ Wild Fish Oil Concentrate	2000 mg **
Yielding: EPA (eicosapentaenoic acid)	700 mg **
DHA (docosahexaenoic acid)	500 mg **
Polyphen-Oil™ Olive extract (fruit and leaf) [providing 19.5 mg polyphenols, 5.2 mg hydroxytyrosol/tyrosol, 4.4 mg verbascoside/oleuropein]	300 mg **
Sesame seed lignan extract	10 mg **

\*\*Daily Value not established.  
†% Daily Value is based on a 2000 calorie diet.  
Other ingredients: highly refined fish oil concentrate (Anchovy), gelatin, glycerin, purified water, silica, beeswax, caramel color, natural flavor, sunflower lecithin, mixed tocopherols, maltodextrin, rosemary extract.

**DIRECTIONS:** Take one (1) packet daily with a meal, or as recommended by a healthcare practitioner. To ensure product consistency, store tightly closed in a cool, dry place.

**CAUTION:** Individuals consuming more than 50 mcg (2,000 IU) of vitamin D (from diet and supplements) should periodically obtain a serum 25-hydroxy vitamin D measurement. Vitamin D supplementation is not recommended for individuals with high blood calcium levels. If you are taking anticoagulants e.g. Warfarin (Coumadin®) or antiplatelet medications, consult your healthcare provider before taking this product.

### WARNINGS:

- KEEP OUT OF REACH OF CHILDREN.
- DO NOT EXCEED RECOMMENDED DOSE.
- Do not purchase if outer seal is broken or damaged.
- When using nutritional supplements, please consult with your physician if you are undergoing treatment for a medical condition or if you are pregnant or lactating.

\*These statements have not been evaluated by the Food and Drug Administration. These products are not intended to diagnose, treat, cure, or prevent any disease.



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event or obtain product  
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