Read the entire label and follow the directions carefully prior to use.

DIRECTIONS: Mix one (1) scoop in approximately 4 to 8 ounces of water or beverage of choice (to taste) daily, or as recommended by a healthcare practitioner.

This product contains whey protein isolate from cows not treated with growth hormone (rBST). The whey protein isolate is made using a process known as Cross Flow Microfiltration, which produces an isolate that is 90% protein, 98% of it in the bioavailable undenatured form, and retains all important subfractions in their natural ratios.

Notice: Use this product as a food supplement only. Do not use for weight reduction.*

WARNINGS:

- KEEP OUT OF REACH OF CHILDREN.
- DO NOT EXCEED RECOMMENDED DOSE.
- . Do not purchase if outer seal is broken or damaged
- When using nutritional supplements, please consult with your physician if you are undergoing treatment for a medical condition or if you are pregnant or lactating.

*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.

Store tightly closed in a cool, dry place.

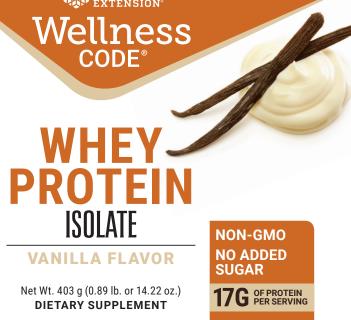
Provon[®] is a registered trademark of Glanbia plc.



Typical Amino Acid Profile (Approximate a per servina):

| Alanine | 1.01g |
|--------------------------------|-------|
| Arginine | 0.35g |
| Aspartic Acid | 1.96g |
| Cysteine | 0.41g |
| Glutamic Acid | 2.68g |
| Glycine | 0.33g |
| Histidine | 0.21g |
| Isoleucine | 1.17g |
| Leucine | 1.75g |
| Lysine | 1.52g |
| Methionine | 0.35g |
| Phenylalanine | 0.50g |
| Proline | 1.09g |
| Serine | 0.82g |
| Threonine | 1.32g |
| Tryptophan | 0.16g |
| Tyrosine | 0.43g |
| Valine | 1.05g |
| *Doneity may fluctuate but the | |

*Density may fluctuate but the content weight is as stated.



Supplement Facts

Serving Size 1 Scoop (approx. 20 g)

Servings Per Container About 20

| Amount Per Serving | % Daily Value |
|---|-------------------------|
| Calories 70 | |
| Sodium 105 mg | 4% [†] |
| Potassium 105 mg | 2% [†] |
| Total Carbohydrate <1 g | <1% [†] |
| Protein 17 g | |
| Calcium 83 mg | 6% [†] |
| Phosphorus 45 mg | 4% ¹ |
| Magnesium 16 mg | 4 % ¹ |
| **Daily Value not established. | |
| **Daily Value not established. †Based on a 2,000 calorie diet. | |

Ingredients: Provon® 292 rBST free whey protein isolate, maltodextrin, sodium chloride, arabic gum, natural vanilla and caramel flavors, silica, soy lecithin, stevia extract, rice starch, modified food starch.

Contains milk and soybeans.

L02242C