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#### Suggested Usage:

**Adults:** Take 2 capsules twice daily or as directed by your health professional.

**Advanced Use:** Take 4 capsules twice daily, 30-45 minutes before exercise or as directed by your health professional.

**Children (6+ yrs.):** Take 2 capsules daily or as directed by your health professional. Capsules may be opened and sprinkled on a small amount of food.

**Warning:** If you are pregnant, or nursing, or if you are taking prescription medication, consult your health professional before using this product.

KEEP OUT OF THE REACH OF CHILDREN.

Store in a cool, dry place. Use only if safety seal is intact.



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#### Gluten-free, Non-GMO

†This statement has not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.

Contents may not fill package in order to accommodate required labeling. Please rely on stated quantity.

Formula #202118 V2

# Colostrum

## 100% Pure New Zealand

### Dietary Supplement

Immune health<sup>†</sup>



120 Vegetarian Capsules

### Supplement Facts

Serving Size 2 Vegetarian Capsules  
Servings Per Container 60

Amount Per Serving	%DV
Colostrum .....	1,000 mg *

\*Daily Value (DV) not established

Other Ingredients: Hydroxypropyl methylcellulose (capsule) and vegetable stearate

Contains: Milk

Manufactured by: Douglas Laboratories  
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[www.douglaslabs.com](http://www.douglaslabs.com) 1.800.245.4440