

Scan for
product info

Read the entire label and follow the directions carefully prior to use.

DIRECTIONS: Take one (1) softgel once or twice daily with food, or as recommended by a healthcare practitioner.

CAUTION: If you are taking anticoagulant or antiplatelet medications, or have a bleeding disorder, consult your healthcare provider before taking this product.

Store tightly closed in a cool, dry place.

WARNINGS:

- KEEP OUT OF REACH OF CHILDREN.
- DO NOT EXCEED RECOMMENDED DOSE.
- Do not purchase if outer seal is broken or damaged.
- When using nutritional supplements, please consult with your physician if you are undergoing treatment for a medical condition or if you are pregnant or lactating.



L02075B



LIFE
EXTENSION®

Gamma E Mixed Tocopherols



Enhanced with
Sesame Lignans

60 SOFTGELS

DIETARY
SUPPLEMENT

Supplement Facts

Serving Size 1 Softgel

Amount Per Serving	% Daily Value	
Vitamin E (as D-alpha tocopherol)	30.15 mg	201%
Gamma E mixed tocopherols	360 mg	**
Sesame seed lignan extract	20 mg	**

** Daily Value not established.

Other ingredients: gelatin, glycerin, sunflower oil, purified water, silica, carob color, rosemary extract.

Manufactured for:

Quality Supplements and Vitamins, Inc.

Ft. Lauderdale, FL 33309 • LifeExtension.com

To report a serious adverse event or obtain product information, contact 1-866-280-2852.