Suggested Usage: As a dietary supplement, adults take 4 capsules daily or as directed by your health professional.

Warning: This product contains Vitamin K, which interferes with the prescription drug Cournadin (Warfarin). Consult your healh professional before taking this product.

Metafolin® is a registered trademark of Merck KGaA. Darmstadt, Germany,

OptiZinc® is a trademark of InterHeath N.I. KEEP OUT OF THE REACH OF CHILDREN.

Store in a cool, dry place, Ise only if safety seal is intact. Gluten-free, Non-GMO



manufacturing

excellence

This statement has not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.

Contents may not fill package in order to accommodate required labeling. Please rely on stated

Scan to learn about our Formula #202133 V/

Dietary Supplement Foundational support for hormonal health for men and women[‡]

Endocrine

Complete^{**}

Hormone Specific[™] Formulation

DOUGLAS I A B O B A T O B I F S°

120 Vegetarian Capsules

Supplement Facts Serving Size 4 Vegetarian Capsules

Servings Per Container 30					
Amount Per Serving	%DV	Amount Per Serving	%D		
Vitamin A (as 80% beta carotene/	167%	Manganese	87		
Vitamin C (as ascorbic acid)500 mg	556%		343		
Vitamin D:	125%	(as chromium amino acid chelate)			
(as cholecalciferol)			222		
Vitamin E	447%	(as molybdenum amino acid chelate)			
(as d-alpha tocopheryl succinate plus mixed tocopherols)		Vitamin K: (as menaguinone-7)40 mcg	=		
Thiamine (as thiamine HCI)	2.083%	Inositol 25 mg			
Riboflavin (as riboflavin-5-phosphate) 10 mg	769%	Boron (as boron citrate)			
Niacin/Niacinamide	188%	Benfotiamine 25 mg			
Vitamin B _i (as pyridoxal-5-phosphate) 20 mg	1.176%	Endocrine Complete™			
Folate (as Metafolin®, L-5-MTHF) 667 mcg DFE	167%	A Phytocrine™ Proprietary Blend500 mg			
(400 mcg L-5-MTHF)		Bupleurum falcatum root extract, Rehmannia			
Vitamin Bız (as methylcobalamin)250 mcg	10,417%	glutinosa root extract, Rhodiola rosea root extract			
Biotin 300 mcg	1,000%	(standardized to 3% rosavins), Ashwagandha root			
Pantothenic Acid	500%	and leaf extract (Withania somnifera, standardized			
(as calcium pantothenate)		to a minimum of 10% withanolide glycoside conjugates			
Calcium (as calcium citrate malate) 50 mg	4%	and 32% oligosaccharides), Coleus forskohlii extract			
lodine (from kelp)150 mcg	100%	(root, standardized to 10% forskolin), Gymnema			
Magnesium (as magnesium citrate)	136%	sylvestre extract (leaf, standardized to 25% gymnem	ic		
Selenium (as I-Selenomethionine)	182%	acids), Panax ginseng extract (root, standardized to			
Copper 0.25 mg	28%	3% ginsenosides).			
las copper amino acid chelatel	20 /0	an is seen from a seen as			
(pp-: circuite)		*Daily Value (DV) not established			

,	mount Per Serving	%DV
Manganese		87%
Chromium	120 mcg	343%
Molybdenum	100 mcg	222%
Vitamin K: (as menaguinone-7)	40 mca	
Inositol	25 mg	
Boron (as boron citrate)		*
Benfotiamine Endocrine Complete™	25 mg	•
A Phytocrine™ Proprietary Blen		
Bupleurum falcatum root ext glutinosa root extract, Rhodio (standardized to 3% rosavins and leaf extract (Withania so	la rosea root extract), Ashwagandha root	

Other ingredients: Hydroxypropyl methylcellulose (capsule), microcrystalline cellulose, and silica