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Suggested Usage: Adults take 1 capsule daily with a meal, or as directed by your health professional.

Warning: If you are pregnant, nursing, have any health condition or taking any medication, particularly blood thinners, consult your health professional before using this product.

Note: People consuming more than 50 mcg (2,000 IU) per day should have their vitamin D blood levels monitored by a health professional.

Due to the nature of the ingredients, black colored specks within the capsule are normal characteristics of this product.

KEEP OUT OF THE REACH OF CHILDREN.

Store in a cool, dry place. Use only if safety seal is intact.

Gluten-free, Non-GMO

†This statement has not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.

Contents may not fill package in order to accommodate required labeling. Please rely on stated quantity.

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Formula #202114 V3

K_2-D_3

With Astaxanthin

Dietary Supplement

Cardiovascular and bone health†

DOUGLAS LABORATORIES

30 Vegetarian Capsules

Supplement Facts

Serving Size 1 Vegetarian Capsule
Servings Per Container 30

	Amount Per Serving	%DV
Vitamin D_3 (as cholecalciferol)	62.5 mcg (2,500 IU)	313%
Astaxanthin (supercritical CO_2 extract of *Haematococcus pluvialis*, entire plant)	2 mg	*
Vitamin K_2 (as menaquinone-7)	180 mcg	*

*Daily Value (DV) not established

Other ingredients: Microcrystalline cellulose, hydroxypropyl methylcellulose (capsule) and vegetable stearate

Manufactured by: Douglas Laboratories
600 Boyce Road, Pittsburgh, PA 15205
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