



For questions regarding JYM products go to:
 @JimStappani @JimStappaniPMD
 or JYMSupplementScience.com

© 2019 JYM Supplement Science®. All rights reserved.

JYM
 SUPPLEMENT SCIENCE

VITA

120mcg

VITAMIN K2
 PER SERVING

500mcg

VITAMIN B12
 PER SERVING

200mcg

CHROMIUM FROM
 CHROMIUM PICOLINATE
 PER SERVING

MULTI-VITAMIN

MICRONUTRIENT FORMULA FOR
 ATHLETES TO HELP SUPPORT
 OVERALL HEALTH AND WELL-BEING*

WARNINGS: Do not use if you are under 18 years of age, have any known or suspected medical conditions, and/or if you are taking any prescription or OTC medications. Discontinue two weeks prior to surgery.

KEEP OUT OF REACH OF CHILDREN.

Store at 15-30°C (59-86°F). Protect from heat, light and moisture. Do not purchase if seal is broken.

WARNING: Accidental overdose of iron-containing products is a leading cause of fatal poisoning in children under 6. In case of accidental overdose call a doctor or poison control center immediately.

*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.

BIOPERINE®

BioPerine® is a patented ingredient and registered trademark of Sabinsa Corporation. Patent numbers 5,536,506, 5,744,161, 5,972,382, 6,054,585, EP0810868, JP3953513 and CA2247467.

DIETARY SUPPLEMENT
 60 TABLETS

Supplement Facts

Serving Size: 2 Tablets

Servings Per Container: 30

Amount Per Serving	% Daily Value	Amount Per Serving	% Daily Value
Vitamin A (as beta-carotene)	3,000mcg 333%	Selenium (as Sodium Selenate)	200mcg 364%
Vitamin C (as Ascorbic Acid)	250mg 278%	Copper (as Copper Gluconate)	3mg 333%
Vitamin E (as d-alpha Tocopheryl Succinate)	268mg 1787%	Manganese (as Manganese Gluconate)	2.3mg 100%
Thiamin (as Thiamin Mononitrate)	100mg 8333%	Chromium (as Chromium Picolinate)	200mcg 571%
Riboflavin (Vitamin B2)	100mg 7692%	Molybdenum (as Sodium Molybdate)	45mcg 100%
Niacin (Niacinamide)	100mg 625%	Potassium (as Potassium Citrate)	100mg 2%
Vitamin B6 (as Pyridoxine Hydrochloride)	100mg 5882%	Black Pepper (<i>Piper nigrum</i>) Fruit Extract (as BioPerine®)	5mg †
Folate (400 mcg Folic Acid)	680mcg DFE 170%	Boron (as Amino Acid Chelate)	3mg †
Vitamin B12 (as Cyanocobalamin)	500mcg 20833%	Silicon Dioxide	2mg †
Biotin	300mcg 1000%	Vitamin K2 (as Menaquinone-7 (MK-7) (K2VITAL®) and Menaquinone-4 (MK-4))	120mcg †
Pantothenic Acid (as Calcium d-Pantothenate)	100mg 2000%	Vanadium (as Amino Acid Chelate)	10mcg †
Iron (as Ferrous Fumarate)	18mg 100%	Nickel (as Nickel Sulfate)	5mcg †
Iodine (as Potassium Iodide)	150mcg 100%	† Daily Value not established	

OTHER INGREDIENTS: Cellulose, Stearic Acid Vegetable Source, Magnesium Stearate Vegetable Source, Croscarmellose Sodium, Hydroxypropyl Methylcellulose, Polyethylene Glycol.

DIRECTIONS: Take 2 tablets with a meal such as breakfast every day.

DISPATCHED BY: PVO Fitness, 31100 Via Corona #111
 Yorba Linda, CA 91792 USA 1-888-557-7776
 CAP-60VITA 20232 081919 V4



K2VITAL®
 K2VITAL® is a registered trademark of Kappa Bioscience AS.